







# **MONTHLY REPORT- MAY 2025**

MAULANA AZAD INSTITUTE OF DENTAL SCIENCES
Mobile Dental Clinic Project

**MOBILE DENTAL CLINIC PROJECT** 

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#### MOBILE DENTAL CLINIC PROJECT

Oral health is a fundamental aspect of overall well-being, yet it often remains overlooked in public health discussions. This neglect can lead to significant disparities in health outcomes, particularly among marginalized communities who face barriers such as financial constraints, lack of awareness, and limited access to dental care services. Oral health outreach programs are essential in addressing these issues by providing education, preventive care, and early treatment options to underserved populations.

These programs play a crucial role in reducing health disparities by promoting awareness and access to dental care, which can significantly lower the



incidence of oral diseases. They also contribute to improving overall health outcomes, as poor oral health is linked to various systemic conditions like cardiovascular disease and diabetes. Furthermore, outreach initiatives enhance the quality of life for individuals by alleviating pain and social stigma associated with oral diseases

Keeping in view of the above facts; Maulana Azad Institute of Health Sciences under GNCT, Delhi initiated Mobile Dental Clinic Project under the umbrella of NHM/DSHM to provide Primary, Preventive, Promotive and Curative oral/ dental health care to underserved areas of NCT, Delhi on 1st May. 2014. It is the "First of its Kind" project in India for Dental Outreach services. The Program provides Dental Screening and treatment services, Dental Health Education and Capacity Building activities along with continuous quality assessment along with research.

The Six specially designed Mobile Dental Clinics cater to underserved population of Delhi. The Project aims to achieve the goals of the "Oral Health for All" by improving the access to Primary Oral Health Services. Further, the Project attempts to integrate the existing Health Care delivery services with the dental/oral services through an integrated need based dental care strategy. The Project has gradually evolved into various sub-components/ sub-initiatives targeting different special groups.

The various sub-initiatives are:

- 1. Project NEEV: School Oral Health Care Program
- 2. Project ASHA HUMARI MUSKAAN: Maternal Oral healthcare Program
- 3. Project AMMA: Comprehensive Oral health care for Elderly
- 4. Project COPS: Community Oral Precancer Screening and Tobacco Cessation Services
- 5. Oral Healthcare for Persons with Disabilities.
- 6. Oral health Education and Awareness Campaigns

## **PROJECT'S OUTREACH**

The Project is providing dental care services in all 11 districts of GNCT of Delhi.



#### PRIMARY AND SECONDARY LEVEL OF DENTAL CARE

The Mobile Dental Teams are catering to various areas/districts of Delhi in a scheduled fashion for 05 days in a week (Monday to Friday from 09.30 am to 02.00 pm). For optimum utilization of the Project and patient care; the teams work in coordination currently with the following areas:

- Delhi Govt. Dispensaries
- Schools under Department of Education, GNCT of Delhi
- Capacity Building Programs in collaboration with District ASHA Coordinators in all Districts.
- Senior Citizen Recreational Clubs under Department of Social Welfare and Social Justice, GNCT of Delhi.

These collaborative efforts are done to delivery of Primary, Preventive and Secondary level of dental care services to all vulnerable groups as well as communities across Delhi.

The range of treatment services provided includes:

- 1. Dental Screening
- 2. Dental restorations/tooth fillings
- 3. Oral Prophylaxis/teeth cleaning
- 4. Tooth Extraction
- 5. Root Canal Treatment
- 6. Dental Prosthetic treatments (Partial and Complete Dentures)
- 7. Tobacco cessation counselling
- 8. Oral Precancerous /Potentially malignant lesion screening
- 9. Preventive Treatment services like pit and fissure sealant applications, fluoride varnishes etc.
- 10. Medication (in liaison with dispensaries) & Referral for tertiary care

The teams from Mobile Dental Clinic Project visit the locations for five days a week on rotational basis from 9:30 A.M. to 2 P.M.

> Further, the Vans regularly visit Delhi Govt. Schools as per the schedule for Project NEEV.

For the month of April 2025 services of Mobile Dental Clinics were provided to following locations on rotational basis: TOTAL LOCATIONS SERVED:13, 07 DISTRICTS

Cluster	District	Dispensary Location	Distance from MAIDS
Cluster I	West Delhi	DGD Tilak Vihar	21 km
		Kunwarsingh Nagar, Nagloi	33 Km
		Vikaspuri	24.3 Km
		Mohan Garden	24.2 Km
		Hatsal Road	23.5 Km
		Jai Vihar	41.9 Km
		Hatsal Village	23.9 Km
Cluster II	East	DGD Vasundhara Enclave	12.3 km
		DGD Mayur Vihar Phase 3Dispensary	17.8 km
Cluster III	Shahdara	DGD Seelampur	11.2 Km
Cluster VI	Central	DGD Gulabi Bagh	8.4 Km
		Burari Hospital	17.7. Km
Cluster VII	South West	Om Vihar	23.5 Km

Table 1. Details of locations served in May 2025





# **PROJECT OUTCOMES: MAY 2025**

# I. Total OPD

**Table 2. Primary and Secondary level of Dental Services** 

Month	OPD DETAILS	No. of Patients
May 2025	New OPD	2456
	Old OPD	1114
	Total OPD	3570

#### **II. OPD Distribution**

**Table 3. Details of OPD** 

Month	LOCATION	Information	Data
May 2025		<b>Total New OPD Dispensary</b>	2456
		New Male Patients	1314
	OPD DETAILS IN	<b>New Female Patients</b>	1142
	DISPENSARY & JAILS	Total Old OPD Dispensary	1114
		Old Male Patients	561
		Old Female Patients	553
		Total OPD Dispensary	3570

# III. Treatment services provided:

**Table 4: Details of treatment services provided** 

S.No.	Treatment	Number of Patients
1.	Root Canal Treatment Completed	53
2.	Oral Prophylaxis-Teeth Cleaning	599
3.	<b>Restoration- Dental Fillings</b>	795
4.	<b>Tooth Extraction</b>	231
5.	<b>Dentures Patients</b>	21
6.	Oral Health Education	74
7.	<b>Tobacco Use Cessation</b>	116
8.	IOPA	23
9.	<b>Total Treatment Services</b>	1912

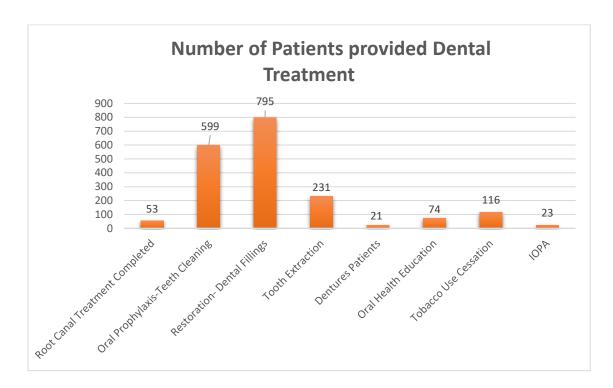


Fig. 1 Treatment services provided

# 1V. Details of Referral services provided:

1.	Total No. of	Oral Prophylaxis/ Teeth Cleaning	622
	patients for follow	Restoration	627
	up for	Extraction	330
		Tertiary care, Complete Dentures, etc.	588
	Total		

1453

Table5: Details of patients recalled for treatment

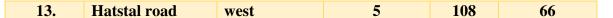
# V. <u>Oral Disease Prevalence: May 2025</u>

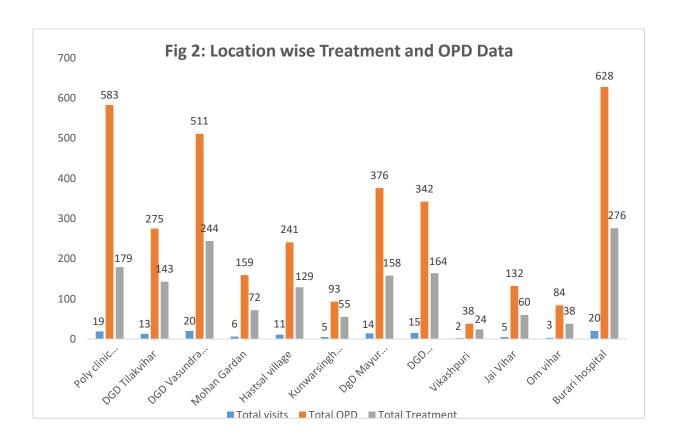
**Table 6 Total No. of patients having Dental Diseases** 

7.1	0-5yrs	5	6-15yı	rs	16-50 <sub>y</sub>	yrs	51-70	yrs	Total	
Disease	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
Dental Caries	39	47	253	196	398	389	248	234	938	866
Gingivitis	4	6	119	278	467	458	123	168	713	910
Periodontitis	00	00	03	01	89	112	243	176	335	289
Malocclusion	00	00	08	06	64	62	36	28	108	96
Oral Cancer &Pre- Cancer Lesion	00	00	00	04	08	02	04	00	12	06
Fluorosis	00	00	04	06	00	00	00	00	04	06
Any other Dental condition (Please mention condition)	00	00	00	00	00	00	00	00	00	00

VI. Location wise Data for the Month of April 2025

S.No.	Location	District	No of days of visit	Total OPD	Total Treatment
1.	Poly clinic Seelampur	Shahdara	19	583	179
2.	DGD Tilakvihar	West	13	275	143
3.	DGD Vasundra Enclave	East	20	511	244
4.	Mohan Gardan	West	6	159	72
5.	Hastsal village	West	11	241	129
6.	Kunwarsingh nagar	West	5	93	55
7.	DgD Mayur Vihar Phase 3	East	14	376	158
8.	DGD GulabhiBagh	Central Delhi	15	342	164
9.	Vikashpuri	West	2	38	24
10.	Jai Vihar	West	5	132	60
11.	Om vihar	South west	3	84	38
12.	Burari hospital	Central	20	628	276





#### VII. DISTANCE TRAVELLED BY VAN

S.NO.	VAN NO.	<b>Total Distance Travelled</b>
1.	VAN 1	523 Km
2.	VAN 2	883 Km
3.	VAN 3	330 Km
4.	VAN 4	308Km
5.	VAN 5	631 Km
6.	VAN 6	323 Km
<b>Total Dist</b>	ance travelled	2998 Km



Fig. 03: Details off Distance travelled by Vans



#### 2. PROJECT NEEV: SCHOOL ORAL HEALTH PROGRAM

Oral diseases are the most common disease that affects people throughout their life time. The Global Burden of Disease Study 2017 estimated that oral disease affects at least 3.58 billion people worldwide. Oral health is fundamental to general health and well-being. A healthy mouth enables



an individual to speak, eat and socialize without experiencing active disease, discomfort or embarrassment. Children who suffer from poor oral health are twelve times more likely to have restricted activity days than those who don't. Schools are microcosms of the larger community.



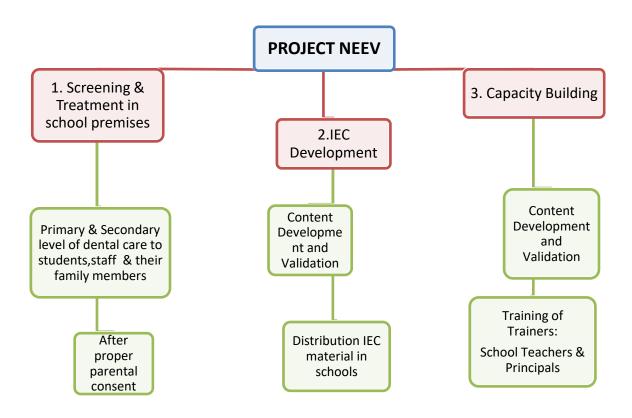
With existing structures and systems in place, schools provide excellent opportunities for integrating oral health into the curriculum that is acceptable, appropriate and effective. Children are receptive to guidance and they are familiar with the learning environment and culture in school. Schools can effectively inform and influence students' oral health knowledge, beliefs, attitudes and behaviour. It is important to target children, particularly at kindergartens and primary schools. Pupils need to acquire knowledge and skills that facilitate a healthy

lifestyle and help them cope with social and peer pressure. Children are empowered to take control over their own health early in their lives and are encouraged to develop positive attitudes toward preventive measures

Hence providing incremental oral health care in schools could prove pivotal in changing the current scenario of huge oral disease burden and large component of dental unmet needs.

Keeping in view of the above facts; the Mobile Dental Clinic Project initiated Project "Neev" in collaboration with School Health Scheme, since September 2014. The Program included Dental Health Education and Dental Screening with preventive Dental procedures. One day per week i.e. Wednesday was dedicated to School Oral health program. It is a comprehensive oral health program for Govt. school children in rural areas encouraging the concept of health Promoting Schools. Since Feb. 2016, treatment component was also added to provide dental treatment within school premises. It is a comprehensive oral health program for Govt. school children in rural areas encouraging the concept of health Promoting Schools.

Fig. 6: Program Implementation Plan



#### **PROJECT NEEV OUTCOMES:**

1. SCHOOL DATA: May 2025

School Name		Total no. of visits	Total OPD
Sarvodaya	co-ed	02	98
Vidyalaya, Gulabi	i bagh		

- 2. No. Health Education & Health Promotional Sessions given and details: 04
- 3. No. of Health promotional activities conducted: (Brushing Demo) 04



#### 3. PROJECT AMMA: COMPREHENSIVE ORAL HEALTHCARE FOR ELDERLY

The global population is growing as well as ageing. The age structure of the population is changing owing to demographic transition with increasing levels of life expectancy and decreasing levels of fertility in almost all countries, leading to an increase in both the share and number of older persons across world. With increasing life expectancy, the burden of Non–Communicable diseases a matter of concern for the community. According to Population Census 2011therearenearly104 million elderly persons (aged 60 years or above) in India; 53 million females and 51 million males.5.9% of the population of Delhi comprises of citizens aged 60+. The projections indicate that the number of 60+ in Delhi will increase to 24.24 Lakhs in 2026. Continuous increase in life expectancy means that more people are now living longer.



**Huge burden of Oral Diseases among Geriatric Population** 

To cater to the demand of high unmet health needs of geriatric population the concept of Geriatric day/Senior Citizen OPD Day is already existent in

Delhi Govt. Dispensaries and Hospitals. However, oral health often remains neglected and an under-served realm. Almost 20% of the patients reporting to the OPD of Mobile Dental Clinics belong to geriatric population such that on an average 450 to 500 patients per month seek dental care in Mobile dental vans. Almost 39% of the patients diagnosed with dental caries and 33% of the patients suffering from gingival/periodontal diseases belong to geriatric population clearly indicating high burden of oral diseases amongst this special group. Almost 14% of the geriatric population suffer from edentulousness. This not only affects their general health but also affects the quality of life in general. A considerable number of geriatric populations have limited knowledge of the cause and prevention of oral disease as well.

Providing primary and secondary level of dental care to the geriatric population through a Comprehensive oral health care Program for Elderly s vital for a country like India which has a significant proportion of elderly population. Hence, considering the huge unmet dental need of the elderly population of GNCTD; the Mobile Dental Clinic Project has initiated PROJECT "AMMA: COMPREHENSIVE ORAL HEALTHCARE PROGRAM FOR THE ELDERLY." The program has been initiated with collaboration with Department of Social Welfare & Security which supervises old age homes and Senior Citizen's Recreation Centres under GNCTD for further coordination and organizing various activities. The Project has expanded its horizon by initiating Free Denture delivery

services to the patients of Project AMMA. November 2024 marks the launch of an innovative initiative under Project AMMA of Mobile Dental Clinic Project: "Free Denture Delivery".

**Project Amma's activities in May 2025:** 

The Project has expanded its horizon by initiating Free Denture delivery services to the patients of Project AMMA. November 2024 marks the launch of an innovative initiative under Project AMMA of Mobile Dental Clinic Project: "Free Denture Delivery".



**Total No. of Partial Dentures (RPD): 15** 

**Total No. of Complete Dentures: 06** 

**Total No. of denture patients served: 21** 

# **CUMULATIVE MONTHLY OPD DATA**

Month	Total OPD in	Total OPD in Total OPD
	Dispensary	Schools
May 2025	3570	98 3668

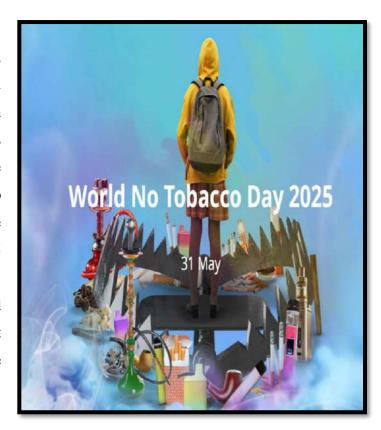


#### 4. HEALTH PROMOTIONAL & CAPACITY BUILDING ACTIVITIES

1. Report on Month-Long Activities Conducted by Mobile Dental Clinic Project on the Occasion of World No Tobacco Day 2025

#### Introduction

World No Tobacco Day (WNTD), observed annually on 31st May, is a global campaign led by the World Health Organization (WHO) to raise awareness about the harmful effects of tobacco use and to advocate for effective policies to reduce tobacco consumption. The theme for World No Tobacco Day 2025 emphasized "Unmasking the Appeal: Exposing Industry Tactics on Tobacco and Nicotine Products", underlining the urgent need to safeguard youth from the deceptive tactics of the tobacco industry.



In alignment with this global movement,

the Mobile Dental Clinic Project undertook a series of impactful and sustained activities throughout the month of May and into early June 2025. These initiatives were designed to educate, engage, and empower different sections of the population including school children, patients, healthcare providers, and policy makers towards a tobacco-free future.

A brief report of the various activities conducted by Mobile Dental Clinic Project on the occasion of World No Tobacco Day is as under:

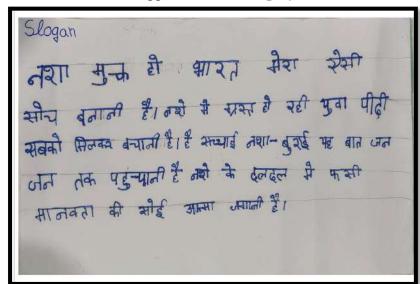
1. Painting and Slogan Competition at GGSSS Gulabi Bagh

A painting competition was organized at Government Girls Senior Secondary School (GGSSS), Gulabi Bagh by Dr. Neha Gangil, Dental Surgeon, to create awareness among school students about the ill effects of tobacco use. The event aimed to engage young minds creatively while delivering strong health messages against tobacco consumption.

Students enthusiastically participated by depicting themes such as the dangers of tobacco, its effect on health and society, and the importance of quitting tobacco. The competition served as a platform for expression and education, and the selected artworks were appreciated and **displayed at health** 



Winners of Slogan and Painting

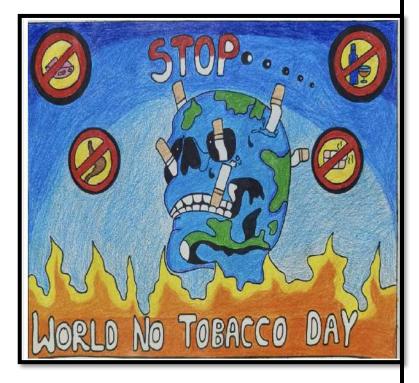


facilities to extend their impact to the broader community.









Winners of Slogan and Painting Competition

Health Education Sessions and No Tobacco Oath Taking Ceremonies at DGD Seelampur, DGD Tilak Vihar, and DGD Gulabi Bagh



encourage behavior change through motivational discussions.Participants were educated on tobacco-related diseases including oral cancer and

gum diseases, and were encouraged to share the knowledge with their communities. The sessions concluded with



Health education sessions followed by No Tobacco Oath Taking Ceremonies were conducted at DGD Seelampur, DGD Tilak Vihar, and DGD Gulabi Bagh by Dr. Annudeep Bajaj (Dental Surgeon), Dr. Nishtha Shrisaini (Dental Surgeon), Dr. Neha Gangil (Dental Surgeon). These sessions aimed to sensitize the general public about the harmful effects of tobacco on oral and general health, and to



collective oath ceremonies, where attendees pledged to stay

Event at DGD Seelampur

away from tobacco and spread awareness. Educational materials were distributed to further support their understanding.



Event at DGD TilakVihar





Event at DGD Gulabi Bagh

Event at DGD Gulabi bagh

3. Quiz Competition, Health Education Session, and No Tobacco Oath at DGD Vasundhara Enclave

At DGD Vasundhara Enclave, a comprehensive awareness event was conducted by Dr. Neha (Dental Surgeon) and Dr. Swati Jain (Senior Consultant) which included a quiz competition, a health talk, and an oath-taking



ceremony. The quiz tested participants' knowledge of tobacco-related facts and health risks, which made the learning process engaging and interactive.

The Mobile Dental Clinic Project team, focusing on oral manifestations of tobacco use and providing guidance on quitting, conducted the health education session. The event ended with a powerful oath ceremony reinforcing the commitment of participants to reject tobacco use and become ambassadors of change in their communities.



4. Collaboration with NTCP, IDHS Central District – Events at DGD Gulabi Bagh, Burari Hospital, and TimarpurIn partnership with the National Tobacco Control Programme (NTCP) and IDHS Central District, the Mobile Dental Clinic Project organized events at DGD Gulabi Bagh, Burari Hospital, and Timarpur. These included quiz competitions, health awareness sessions, and the distribution of 150 oral health kits comprising toothbrushes and toothpaste. The events witnessed wide participation and contributed to the dual goals of awareness generation and oral hygiene promotion.

The collaboration enabled a wider reach and ensured institutional support for the cause of

tobacco control. The distributed health kits served both as incentives and as tools for reinforcing good oral hygiene habits in the com

Event at DGD Gulabi Bagh











Event at DGD Gulabi bagh





WNTD Event at Burari Hospital





Event at Burari Hospital





# 5. Faculty Training Webinar on "No Tobacco Awareness Program for Dental Professionals"28th May 2025

On 28th May 2025, Dr. Swati Jain, Senior Consultant, Mobile Dental Clinic Project, conducted a faculty training webinar for Shaheed Kartar Singh Sarabha Dental College and Hospital, Sarabha, on the topic "No Tobacco Awareness Program for Dental Professionals".





The session highlighted the critical role of dental professionals in early identification and cessation counseling of tobacco users. Practical strategies were shared for integrating



tobacco cessation into dental practice. The webinar encouraged faculty to adopt preventive approaches and create tobacco-free institutional environments.

6. Participation as Panelist – National Consultation on Strengthening Tobacco Control Laws in India – 3rd June 2025

On 3rd June 2025, Dr. Swati Jain participated as a panelist at the National Consultation on Strengthening Tobacco Control Laws in India. Key stakeholders including policymakers, public health experts, and legal advisors to review and strengthen India's tobacco control framework attended the consultation.

Dr. Jain brought valuable insights from field-level experiences and emphasized the need for robust law enforcement, youthfocused awareness campaigns, and inclusion of dental and primary care



3rd June 2025



professionals in tobacco cessation services. Her suggestions helped shape the discussion around multi-sectoral engagement for effective policy implementation.

Participation in National Consultation on Strengthening Tobacco Control Laws in India –

#### 7. Capacity Building of Medical Officers and CDMOs of East District



On the occasion of World No Tobacco Day 2025, two training sessions were conducted for Medical Officers (MOs) and Chief District Medical Officers (CDMOs) of the East District with the objective of strengthening their capacity in tobacco de-addiction and cessation services. The session, held on 4th June 2025, focused on enhancing the healthcare role of primary providers in identifying and

counselling tobacco users. Dr. Swati Jain, Senior Consultant, Mobile Dental Clinic Project and Dr. Shipra Arora, Dental Surgeon, invited as the was resource person for the where training, shared her expertise on tobacco dependence treatment and community-based cessation strategies.



During the session, emphasis was given on integrating brief intervention models into routine OPD practices and highlighted the oral and systemic health complications associated with tobacco use. Dr. Jain also introduced practical tools and IEC materials that can aid in patient  $29 \mid P \mid a \mid g \mid e$ 



counseling and follow-The up. training equipped the attending MOs and CDMOs with knowledge on pharmacological and behavioral interventions for tobacco cessation, fostering a coordinated approach to tackle tobacco addiction at the grassroots level. The session wellwas

received and marked a significant step towards empowering medical professionals in the fight against tobacco.

#### 8. Panellist at National Consultation on 20 Years of WHO-FCTC – 9th June 2025 at MAIDS

years of the WHO Framework Convention on Tobacco Control (FCTC), a national consultation was held on 9th June 2025 at MAIDS, Delhi, where Dr. Swati Jain was again invited as a The panellist.



consultation reviewed India's journey in tobacco control and explored future strategies.



Dr. Jain presented the achievements of the Mobile Dental Clinic Project as a successful model for community-based awareness and intervention. She emphasized the importance of integrating oral health services with tobacco cessation programs and encouraged increased investment in grassroots-level awareness to advance the goals of WHO-FCTC.

#### **Conclusion**

The Mobile Dental Clinic Project successfully conducted a series of impactful events as part of its month-long observance of World No Tobacco Day 2025. These activities reflected a multi-sectoral and multi-target approach, engaging school students, healthcare providers, patients, and policymakers in the fight against tobacco. The project remains committed to promoting oral health and supporting India's vision of a tobacco-free future.

2. State level IEC Consultation in Office of DSHM , Civil Lines , Delhi on 5th May 2025.

On 5th May 2025, Dr. Swati Jain and Dr. Divyangi Goel, Consultants with the Mobile Dental Clinic Project, actively participated in the State Level IEC Consultation organized at the Office of the Delhi State Health Mission (DSHM), Civil Lines, Delhi. During the consultation, they delivered a comprehensive presentation highlighting the various Information, Education, and Communication (IEC) activities undertaken under the Mobile



Dental Clinic Project. The presentation showcased innovative outreach strategies, awareness campaigns, and impactful community engagement initiatives aimed at promoting oral health across Delhi.



3. Weekly Training sessions for the staff of Mobile Dental Clinic Project:

To appraise the recent advances in various health related topics, weekly training sessions are conducted .Following training sessions were conducted:

- 1. Demonstration of Pit and Fissure Sealants by Dr. Neha Gangil
- 2. BMW Management and Infection Control Protocol
- 3. Early Childhood Caries







## 5. Team Building Activity:

On 3rd May 2025, a team-building meeting was convened by Dr. Vikrant Mohanty, MOI/C, to strengthen coordination and streamline functioning of the Mobile Dental Clinic Project. During the session, Dr. Mohanty addressed various operational issues and engaged the team in an open discussion to identify and review existing roadblocks affecting project implementation. Emphasis was laid on collaborative problem-solving,

accountability, and enhancing team efficiency to ensure improved service delivery and patient outcomes.



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# 5. Monitoring & Evaluation of Mobile Dental Clinic Project

#### A. Digitalized Feedback Form

Monitoring and evaluation (M&E) are critical components of the Mobile Dental Clinic Project to ensure its effectiveness, efficiency, and continuous improvement. The M&E framework of the project focuses on assessing service quality, patient satisfaction, and the overall impact of dental outreach activities. In a recent innovation aimed at strengthening the evaluation process, the Consultant, Dr. Swati Jain, to systematically capture patient responses and assess the project's outcomes more accurately and efficiently, developed a Digital Feedback Form.



To facilitate easy access, a QR code was

generated, allowing patients to conveniently scan and fill the digital form using their smartphones immediately after receiving treatment. This innovation has modernized the feedback collection process by replacing paper-based forms, reducing manual errors, and ensuring real-time data collection and analysis. The digital feedback system became operational on 21st April 2025, marking a significant step forward in patient engagement and project assessment. By the end of May 2025, a total of 191 digital feedback forms were

successfully filled out by patients in the month of May 2025, reflecting encouraging participation and acceptance of the new system. The collected feedback is currently being analyzed to derive insights into patient satisfaction, service quality, and areas needing improvement. This data-driven approach will significantly contribute to enhancing service delivery and strategic planning for future mobile dental camps.

#### **B. Field Visits by Consultants**

To ensure optimum utilization of resources and improved patient outcomes, the Consultants of the Mobile Dental Clinic Project conduct regular field visits. These visits help in closely monitoring the on-ground implementation, identifying challenges and gaps in service delivery, and facilitating timely corrective measures. This proactive approach ensures continuous improvement in the quality



and effectiveness of dental care services provided through the project. Following field visits were conducted:

Date of Field Visit	Location	Field Visit By
5/8/2025	Burari	Dr. Swati Jain
5/14/2025	DGD Tilak Vihar	Dr. Divyangi Goel
5/20/2025	Seelampur	Dr. Swati Jain
5/22/2025	Gulabi Bagh	Dr. Swati Jain
5/30/2025	Vasundhara Enclave	Dr. Swati Jain