



## **MONTHLY REPORT**

**MAULANA AZAD INSTITUTE OF DENTAL  
SCIENCES**

## **MOBILE DENTAL CLINIC PROJECT**

**May, 2024**

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## **MOBILE DENTAL CLINIC PROJECT**

Oral health is a vital component of overall health of an individual and essential to general health and quality of life across the life span. But it's often neglected and low on priority. The expected rise in burden of oral diseases poses a massive challenge to the health system in light of increasing unfair and unjust social inequalities in oral health, which have already raised global concerns. Providing comprehensive oral health care to the underserved could prove pivotal in changing the current scenario of huge oral disease burden and large component of dental unmet needs.”

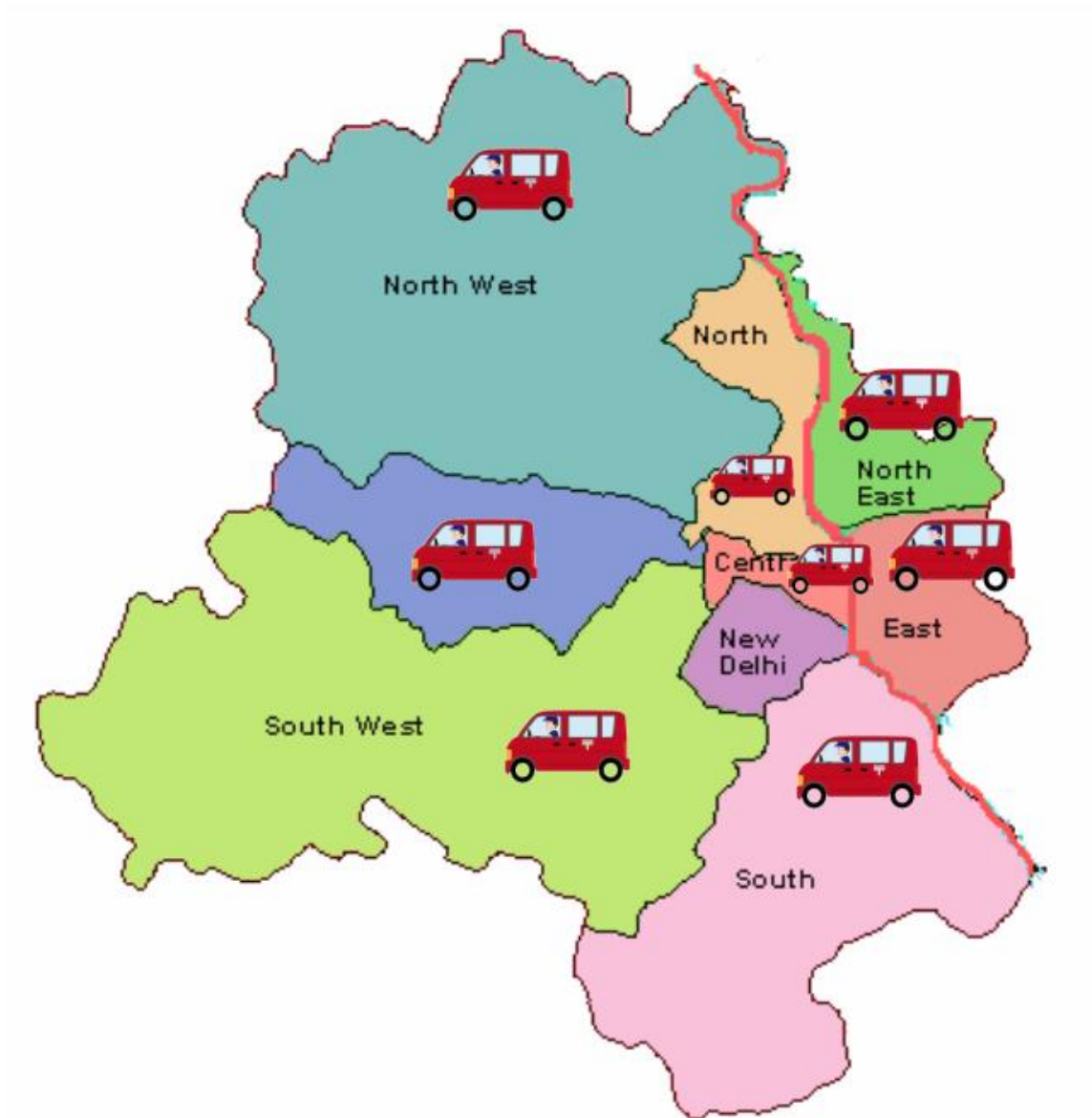


**Keeping in view of the above facts; Maulana Azad Institute of Health Sciences under GNCT, Delhi initiated Mobile Dental Clinic Project under the umbrella of NHM/DSHM to provide Primary, Preventive, Promotive and Curative oral/ dental health care to underserved areas of NCT, Delhi on 30th May 2014. It is the “First of its Kind” project in India for Outreach Dental services.** The Program provides Dental Screening and treatment services, Dental Health Education and Capacity Building activities along with continuous research and quality assessment. 06 Mobile Dental Clinics cater to underserved population of GNCT of Delhi. The Project aims to achieve the goals of the “Oral Health for All” through improved access to Primary Oral Health Services. Further, the Project attempts to integrate the existing Health Care delivery services with the dental/oral services under one roof. The Project has gradually evolved into various sub-components/ sub-initiatives targeting different special groups. The various sub-initiatives are:

1. Project NEEV: School Oral Health Care Program
2. Project ASHA HUMARI MUSKAAN: Linking Maternal and oral health
3. Project AMMA: Comprehensive Oral health care for elderly
4. Project COPS: Community Oral precancerous lesions screening and Tobacco Cessation Counselling
5. Special Care Dentistry

## PROJECT'S OUTREACH

The Project has provided Mobile Dental Clinical services in 09 (North, West, North-east, East, Shahdara, North-west, Central, South, and South-west) districts of GNCTD.



## PRIMARY AND SECONDARY LEVEL OF DENTAL CARE

The Mobile Dental Clinic Project are catering to various areas/districts of Delhi in a scheduled fashion for 05 days in a week (Monday to Friday). The range of treatment services provided includes:

1. Dental Screening
2. Dental restorations/tooth fillings
3. Oral Prophylaxis/teeth cleaning
4. Tooth Extractions
5. Tobacco cessation counselling
6. Oral Precancerous /Potentially malignant lesion screening
7. Preventive Treatment services like pit and fissure sealant applications, fluoride varnishes etc.
8. Medication (in liaison with dispensaries) & Referral for tertiary care.

Further, all screening and treatment services are provided following COVID-19 infection control protocol.

**Currently, services of Mobile Dental Clinic Project are being provided to following locations on rotational basis:**

| Cluster     | District         | Dispensary Location  | Distance from MAIDS |
|-------------|------------------|----------------------|---------------------|
| Cluster I   | EAST             | SKV Kalyanpuri       | 12.3 Km             |
| Cluster II  | North East       | SKV West Vinod Nagar | 9.1 Km              |
| Cluster III | North-West       | SKV Model Town       | 13.8 Km             |
| Cluster IV  | Central District | SKV Jama Masjid      | 2.3 Km              |
|             |                  | GSV Morigate         | 4.5 Km              |
| Cluster V   | JAIL             | Tihar Jail           | 19.3 Km             |
|             |                  | Rohini Jail          | 20.7 Km             |
|             |                  | Mandoli Jail         | 18.2 Km             |
| Cluster VI  | South West       | SKV Janakpuri        | 21 Km               |

Mobile Clinics are stationed for five days a week in each of the identified dispensaries on rotational basis from 9:30 A.M. to 2 P.M.

## FIELD SCHEDULE w.e.f 01/05/2024 to 10/05/2024

| Date       | Doctors                 | Team 1                                                | Team2                                                        | Team 3                                             | Team4                                        | Team 5                                      |
|------------|-------------------------|-------------------------------------------------------|--------------------------------------------------------------|----------------------------------------------------|----------------------------------------------|---------------------------------------------|
| 01/05/2024 | Doctors & Staff Alloted | Dr. Deepak<br>Mr. Ramesh                              | Dr. Neha Singh<br>Mr. Vikash Kumar<br>Mr. Shahrukh           | Dr. Neha Gangil<br>Mr. Devender                    | Dr . Manoj<br>Mr. Rakesh<br>Mr. Kailash      |                                             |
|            | Location                | Tihar Jail                                            | SKV Kalyanpuri                                               | SKV Vinod Nagar                                    | GSSS, Jama Masjid<br>School 4                |                                             |
| 02/05/2024 | Doctors & Staff Alloted | Dr. Manoj<br>Arun Dhama<br>Deepak Singh               | Dr. Neha Singh<br>Mr. Vikash Kumar<br>Mr. Shahrukh           | Dr. Neha Gangil,<br>Mr. Deveneder<br>Mr. Kailash   | Dr. Deepak<br>Mr. Ramesh                     | Dr. Nishtha<br>Mr. Govind                   |
|            | Location                | Rohini Jail                                           | SKV Kalyanpuri                                               | SKV Vinod Nagar                                    | SKV Janakpuri                                | SKV Model<br>Town                           |
| 03/05/2024 | Doctors & Staff Alloted | Dr. Deepak<br>Arun Dhama<br>Mr. Ramesh                | Dr. Neha Singh<br>Mr. Kailash<br>Mr. Shahrukh                | Dr. Neha Gangil,<br>Mr. Govind<br>Mr. Rakesh       | Dr. Manoj<br>Mr. Rahul<br>Mr. Vikash Kumar   | Dr. Nishtha<br>Mr. Deepak<br>Mr. Devender   |
|            | Location                | Tihar Jail                                            | SKV Kalyanpuri                                               | SKV Vinod Nagar                                    | GSSS, Jama Masjid<br>School 4                | SKV Model<br>Town                           |
| 06/05/24   | Doctors & Staff Alloted | Dr. Manoj<br>Arun Dhama<br>Mr. Deepak                 | Dr. Neha Singh<br>Mr. Kailash<br>Mr. Shahrukh                | Dr. Neha Gangil,<br>Mr. Govind<br>Mr. Vikash Kumar | Dr. Deepak<br>Mr. Ramesh<br>Mr. Rakesh       | Dr. Nishtha<br>Mr. Devender<br>Mr. Rahul    |
|            | Location                | Tihar Jail                                            | SKV Kalyanpuri                                               | SKV Vinod Nagar                                    | SKV Janakpuri                                | SKV Model<br>Town                           |
| 07/05/24   | Doctors & Staff Alloted | Dr. Deepak<br>Arun Dhama<br>Mr. Govind                | Dr. Neha Singh<br>Mr. Kailash<br>Mr. Shahrukh                | Dr. Neha Gangil,<br>Mr. Deepak<br>Mr. Rakesh       | Dr. Manoj<br>Mr. Rahul<br>Mr. Vikash Kumar   | Dr. Nishtha<br>Mr. Devender<br>Mr. Rahul    |
|            | Location                | Mandoli Jail                                          | SKV Kalyanpuri                                               | SKV Vinod Nagar                                    | GSSS, Jama Masjid<br>School 4                | SKV Model<br>Town                           |
| 08/05/24   | Doctors & Staff Alloted | Dr. Manoj<br>Arun Dhama<br>Mr. Ramesh                 | Dr. Neha Singh<br>Mr. Kailash<br>Mr. Rahul                   | Dr. Neha Gangil,<br>Mr. Govind<br>Mr. Rakesh       | Dr. Deepak<br>Mr. Ramesh<br>Mr. Vikash Kumar | Dr. Nishtha<br>Mr. Devender<br>Mr. Govind   |
|            | Location                | Tihar Jail                                            | SKV Kalyanpuri                                               | SKV Vinod Nagar                                    | SKV Janakpuri                                | SKV Model<br>Town                           |
| 09/05/2024 | Doctors & Staff Alloted | Dr. Deepak<br>Arun Dhama<br>Mr. Govind                | Dr. Neha Singh<br>Mr. Kailash<br>Mr. Deepak                  | Dr. Neha Gangil,<br>Mr. Rahul<br>Mr. Rakesh        | Dr. Manoj<br>Mr. Ramesh<br>Mr. Vikash Kumar  | Dr. Nishtha<br>Mr. Devender<br>Mr. Shahrukh |
|            | Location                | Rohini Jail                                           | SKV Kalyanpuri                                               | SKV Vinod Nagar                                    | GSSS, Jama Masjid<br>School 4                | SKV Model<br>Town                           |
| 10/05/2024 | Doctors & Staff Alloted | Dr. Manoj<br>Arun Dhama<br>Mr. Ramesh                 | Dr. Neha Singh<br>Mr. Kailash<br>Mr. Rahul                   | Dr. Neha Gangil,<br>Mr. Govind<br>Mr. Rakesh       | Dr. Deepak<br>Mr. Ramesh                     | Dr. Nishtha<br>Mr. Devender<br>Mr. Govind   |
|            | Location                | Tihar Jail                                            | SKV Kalyanpuri                                               | SKV Vinod Nagar                                    | SKV Janakpuri                                | SKV Model<br>Town                           |
| 13/05/24   | Doctors & Staff Alloted | Dr. Manoj & Dr.<br>Deepak<br>Arun Dhama<br>Mr. Ramesh |                                                              |                                                    |                                              |                                             |
|            | Location                | Tihar Jail                                            |                                                              |                                                    |                                              |                                             |
| 14/05/2024 | Doctors & Staff Alloted | Dr. Manoj & Dr.<br>Deepak<br>Arun Dhama<br>Mr. Ramesh |                                                              |                                                    |                                              |                                             |
|            | Location                | Mandoli Jail                                          |                                                              |                                                    |                                              |                                             |
| 15/05/2024 | Doctors & Staff Alloted | Dr. Deepak<br>Arun Dhama<br>Mr. Ramesh                | Dr. Neha Gangil &<br>Dr. Manoj<br>Mr. Kailash<br>Mr. Rahul   |                                                    |                                              |                                             |
|            | Location                | Tihar Jail                                            | DGD Mayur Vihar Phase 3                                      |                                                    |                                              |                                             |
| 16/05/2024 | Doctors & Staff Alloted | Dr. Manoj<br>Arun Dhama<br>Mr. Ramesh                 | Dr. Neha Gangil &<br>Dr. Nishtha<br>Mr. Kailash<br>Mr. Rahul |                                                    |                                              |                                             |
|            | Location                | Rohini Jail                                           | DGD Mayur Vihar Phase 3                                      |                                                    |                                              |                                             |
| 17/05/2024 | Doctors & Staff Alloted | Dr. Deepak<br>Arun Dhama<br>Mr. Ramesh                | Dr. Neha Gangil &<br>Dr. Manoj<br>Mr. Kailash<br>Mr. Rahul   |                                                    |                                              |                                             |

|            |                         |                                        |                                                            |  |
|------------|-------------------------|----------------------------------------|------------------------------------------------------------|--|
|            | Location                | Tihar Jail                             | DGD Mayur Vihar Phase 3                                    |  |
| 20/05/24   | Doctors & Staff Alloted | Dr. Deepak<br>Arun Dhama<br>Mr. Ramesh | Dr. Neha Gangil &<br>Dr. Manoj<br>Mr. Kailash<br>Mr. Rahul |  |
|            | Location                | Tihar Jail                             | DGD Mayur Vihar Phase 3                                    |  |
| 21/05/2024 | Doctors & Staff Alloted | Dr. Manoj<br>Arun Dhama<br>Mr. Ramesh  | Dr. Neha Gangil<br>Mr. Kailash<br>Mr. Rahul                |  |
|            | Location                | Mandoli Jail                           | DGD Mayur Vihar Phase 3                                    |  |
| 22/05/2024 | Doctors & Staff Alloted | Dr. Deepak<br>Arun Dhama<br>Mr. Ramesh | Dr. Neha Gangil &<br>Dr. Manoj<br>Mr. Kailash<br>Mr. Rahul |  |
|            | Location                | Tihar Jail                             | DGD Mayur Vihar Phase 3                                    |  |
| 23/05/2024 | Doctors & Staff Alloted | Dr. Manoj<br>Arun Dhama<br>Mr. Ramesh  | Dr. Neha Gangil<br>Mr. Kailash<br>Mr. Rahul                |  |
|            | Location                | Rohini Jail                            | DGD Mayur Vihar Phase 3                                    |  |
| 24/05/2024 | Doctors & Staff Alloted | Dr. Deepak<br>Arun Dhama<br>Mr. Ramesh | Dr. Neha Gangil ,Dr. Manoj<br>Mr. Kailash<br>Mr. Rahul     |  |
|            | Location                | Tihar Jail                             | DGD Mayur Vihar Phase 3                                    |  |
| 27/05/2024 | Doctors & Staff Alloted | Dr. Deepak<br>Arun Dhama<br>Mr. Ramesh | Dr. Neha Gangil &<br>Dr. Manoj<br>Mr. Kailash<br>Mr. Rahul |  |
|            | Location                | Tihar Jail                             | DGD Mayur Vihar Phase 3                                    |  |
| 28/05/2024 | Doctors & Staff Alloted | Dr. Manoj<br>Arun Dhama<br>Mr. Ramesh  | Dr. Neha Gangil<br>Mr. Kailash<br>Mr. Rahul                |  |
|            | Location                | Mandoli Jail                           | DGD Mayur Vihar Phase 3                                    |  |
| 29/05/2024 | Doctors & Staff Alloted | Dr. Deepak<br>Arun Dhama<br>Mr. Ramesh | Dr. Neha Gangil ,Dr. Manoj<br>Mr. Kailash<br>Mr. Rahul     |  |
|            | Location                | Tihar Jail                             | DGD Mayur Vihar Phase 3                                    |  |
| 30/05/2024 | Doctors & Staff Alloted | Dr. Manoj<br>Arun Dhama<br>Mr. Ramesh  | Dr. Neha Gangil<br>Mr. Kailash<br>Mr. Rahul                |  |
|            | Location                | Rohini Jail                            | DGD Mayur Vihar Phase 3                                    |  |
| 31/05/2024 | Doctors & Staff Alloted | Dr. Deepak<br>Arun Dhama<br>Mr. Ramesh | Dr. Neha Gangil ,Dr. Manoj<br>Mr. Kailash<br>Mr. Rahul     |  |
|            | Location                | Tihar Jail                             | DGD Mayur Vihar Phase 3                                    |  |

**Note:**

- All doctors need to communicate to the respective In-charges of the locations where they are posted regarding the schedule.**

## **PROJECT OUTCOMES: May 2024**

### **1. Primary and Secondary level of Dental Services in Dispensary & Jails**

#### **I. Total OPD**

| <b>Month</b>    | <b>OPD DETAILS</b> | <b>No. of Patients</b> |
|-----------------|--------------------|------------------------|
| <b>May 2024</b> | New OPD            | <b>845</b>             |
|                 | Old OPD            | <b>73</b>              |
|                 | Total OPD          | <b>918</b>             |

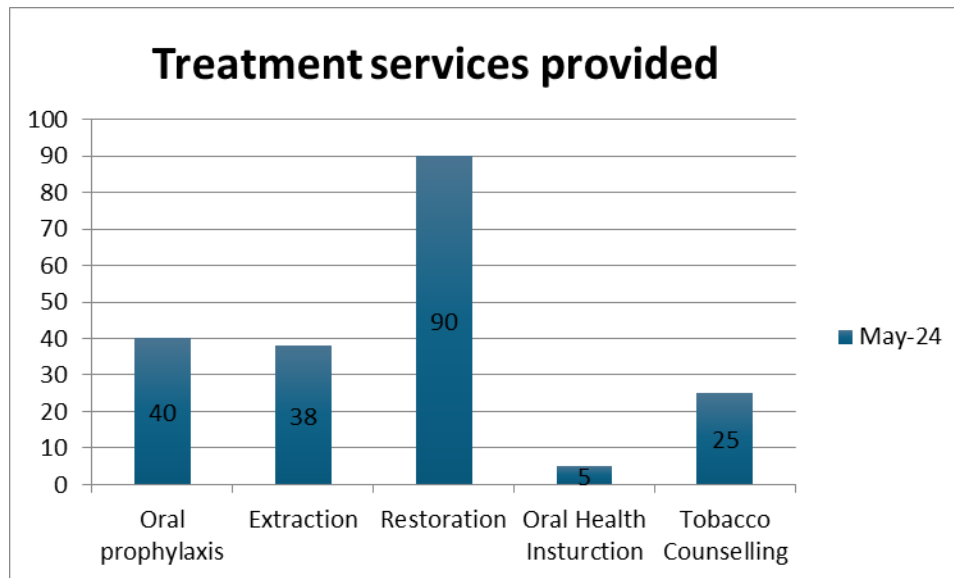
#### **II. OPD Distribution**

| <b>Month</b>        | <b>HEADING</b>                                   | <b>Information</b>       | <b>Data</b> |
|---------------------|--------------------------------------------------|--------------------------|-------------|
| <b>May<br/>2024</b> | <b>OPD DETAILS IN<br/>DISPENSARY &amp; JAILS</b> | Total New OPD Dispensary | <b>845</b>  |
|                     |                                                  | New Male Patients        | <b>735</b>  |
|                     |                                                  | New Female Patients      | <b>110</b>  |
|                     |                                                  | Total Old OPD Dispensary | <b>73</b>   |
|                     |                                                  | Old Male Patients        | <b>63</b>   |
|                     |                                                  | Old Female Patients      | <b>10</b>   |
|                     |                                                  | Total OPD Dispensary     | <b>918</b>  |

#### **III. Treatment services provided:**

| <b>S.No.</b> | <b>Treatment</b>               | <b>Number of Patients</b> |
|--------------|--------------------------------|---------------------------|
| <b>1</b>     | <b>Oral Prophylaxis</b>        | <b>40</b>                 |
| <b>2</b>     | <b>Restoration</b>             | <b>90</b>                 |
| <b>3</b>     | <b>Extraction</b>              | <b>38</b>                 |
| <b>4</b>     | <b>Oral Health instruction</b> | <b>5</b>                  |
| <b>5</b>     | <b>Tobacco Cessation</b>       | <b>25</b>                 |





**Fig.2 Total No. of patients treated May-2024**

#### 1V. Details of Referral services provided:

|    |                                         |                                                 |    |
|----|-----------------------------------------|-------------------------------------------------|----|
| 1. | Total No. of patients for follow up for | Oral Prophylaxis/ Teeth Cleaning                | 25 |
|    |                                         | Root Canal                                      | 35 |
|    |                                         | Extraction                                      | 48 |
|    |                                         | Tertiary care like RCT, Complete Dentures, etc. | 59 |
|    |                                         |                                                 |    |

## V. Oral Disease Prevalence May 2024

### A. Total No. of patients having Dental Diseases

| Disease                                                      | 0-5yrs |        | 6-15yrs |        | 16-50yrs |        | 51-70yrs |        | Total |        |
|--------------------------------------------------------------|--------|--------|---------|--------|----------|--------|----------|--------|-------|--------|
|                                                              | Male   | Female | Male    | Female | Male     | Female | Male     | Female | Male  | Female |
| <b>Dental Caries</b>                                         | 00     | 00     | 20      | 00     | 125      | 20     | 107      | 10     | 252   | 20     |
| <b>Gingivitis</b>                                            | 00     | 04     | 29      | 00     | 135      | 15     | 95       | 00     | 259   | 15     |
| <b>Periodontitis</b>                                         | 00     | 00     | 02      | 00     | 105      | 25     | 56       | 00     | 163   | 25     |
| <b>Malocclusion</b>                                          | 00     | 00     | 04      | 00     | 70       | 16     | 20       | 10     | 94    | 26     |
| <b>Oral Cancer &amp; Pre-Cancer Lesion</b>                   | 00     | 00     | 00      | 00     | 00       | 02     | 02       | 00     | 02    | 02     |
| <b>Fluorosis</b>                                             | 00     | 00     | 00      | 00     | 00       | 00     | 00       | 00     | 00    | 00     |
| <b>Any other Dental condition (Please mention condition)</b> | 00     | 00     | 00      | 00     | 00       | 00     | 00       | 00     | 00    | 00     |

## 2. PROJECT NEEV: SCHOOL ORAL HEALTH PROGRAM



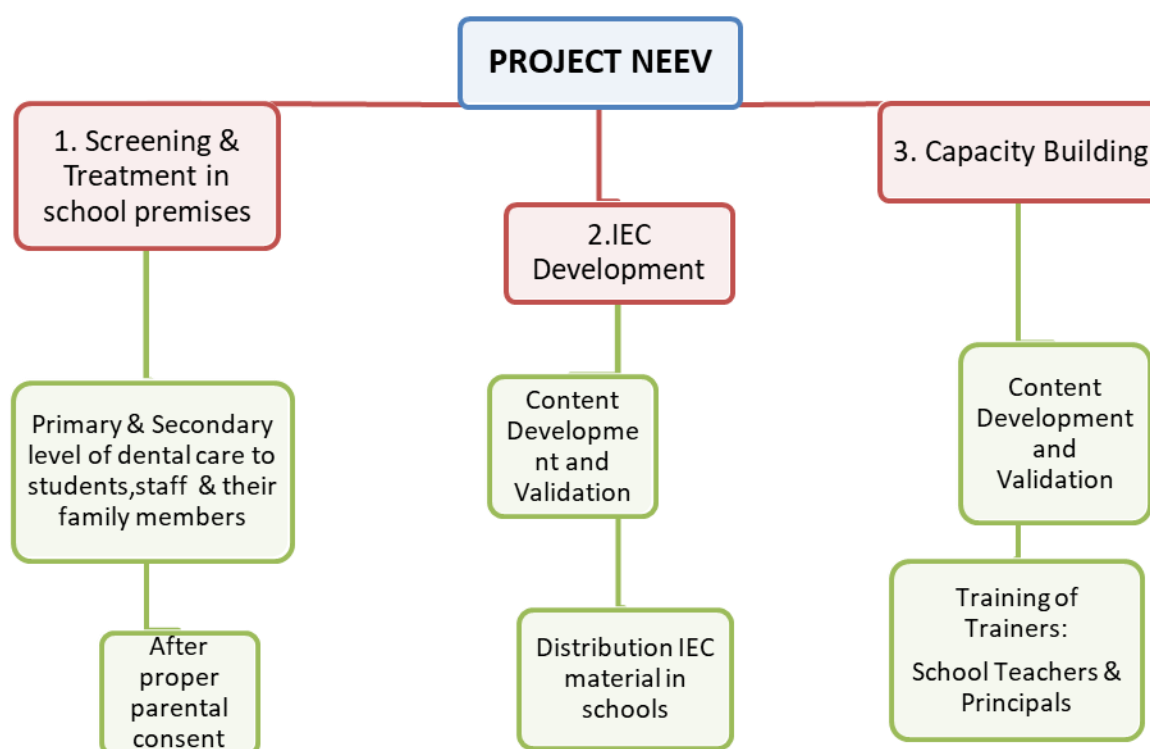
Oral diseases are the most common disease that affects people throughout their life time. The Global Burden of Disease Study 2017 estimated that oral disease affects at least 3.58 billion people worldwide. Oral health is fundamental to general health and well-being. A healthy mouth enables an individual to speak, eat and socialize without experiencing active disease, discomfort or embarrassment. Children who suffer from poor oral health are twelve times more likely to have restricted activity days than those who don't. Schools are microcosms of the larger community. With existing structures and systems in place, schools provide excellent opportunities for integrating oral health into the curriculum that is acceptable, appropriate and effective. Children are receptive to guidance and they are familiar with the learning environment and culture in school. Schools can effectively inform and influence students' oral health knowledge, beliefs, attitudes and behaviour. It is important to target children, particularly at kindergartens and primary schools. Pupils need to acquire knowledge and skills that facilitate a healthy lifestyle and help them cope with social and peer pressure. Children are empowered to

take control over their own health early in their lives and are encouraged to develop positive attitudes toward preventive measures

Hence providing incremental oral health care in schools could prove pivotal in changing the current scenario of huge oral disease burden and large component of dental unmet needs.

Keeping in view of the above facts; the Mobile Dental Clinic Project initiated Project “Neev” in collaboration with School Health Scheme, since September 2014. The Program included Dental Health Education and Dental Screening with preventive Dental procedures. One day per week i.e. Wednesday was dedicated to School Oral health program. **It is a comprehensive oral health program for Govt. school children in rural areas encouraging the concept of health Promoting Schools.** Since Feb. 2016, treatment component was also added to provide dental treatment within school premises. It is a comprehensive oral health program for Govt. school children in rural areas encouraging the concept of health Promoting Schools.

**Fig. 6: Program Implementation Plan**











## PROJECT NEEV OUTCOMES:

### 1. SCHOOL DATA: MAY 2024

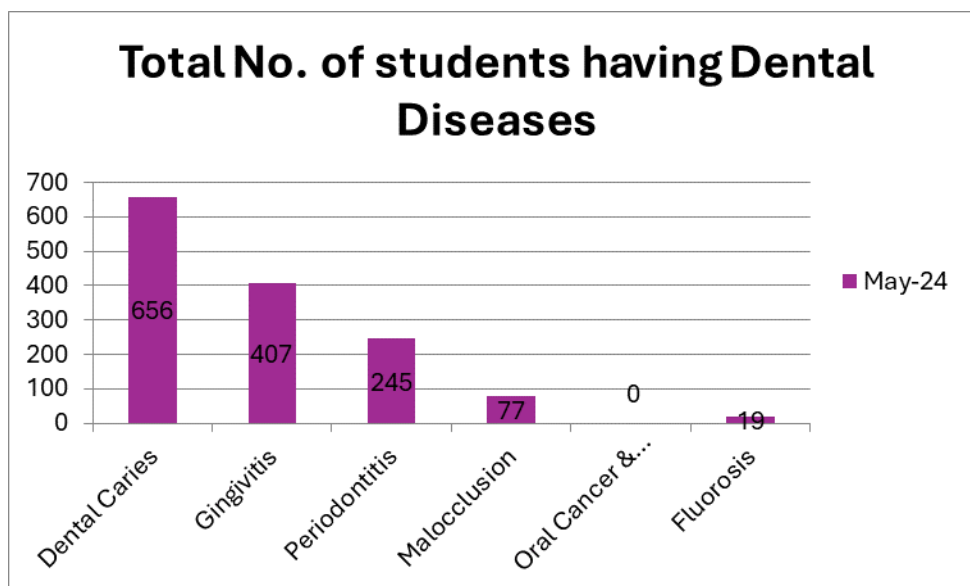
| School Name             | Total no. of visits | Total OPD   |
|-------------------------|---------------------|-------------|
| SKV Kalyan Puri         | 06                  | 307         |
| SKV Jama Masjid         | 05                  | 367         |
| NPV C1 Janakpuri        | 02                  | 254         |
| SKV West Vinod Nagar    | 04                  | 182         |
| SKV Model Town          | 06                  | 296         |
| <b>Total School OPD</b> | <b>23</b>           | <b>1406</b> |

### 2. ORAL DISEASE PREVALENCE:

May 2024

#### A. Total No. of patients having Dental Diseases

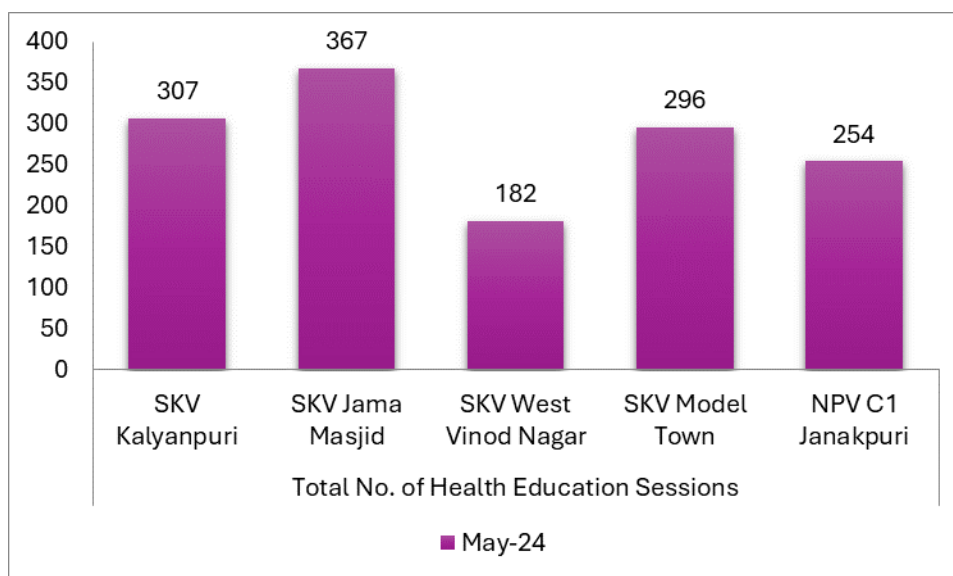
| Disease                                 | 0-5yrs |        | 6-12yrs |        | 13-18yrs |        | Total |        | Total |
|-----------------------------------------|--------|--------|---------|--------|----------|--------|-------|--------|-------|
|                                         | Male   | Female | Male    | Female | Male     | Female | Male  | Female |       |
| Dental Caries                           | 00     | 00     | 00      | 235    | 165      | 256    | 165   | 491    | 656   |
| Gingivitis                              | 00     | 00     | 00      | 175    | 37       | 195    | 37    | 370    | 407   |
| Periodontitis                           | 00     | 00     | 00      | 85     | 35       | 125    | 35    | 210    | 245   |
| Malocclusion                            | 00     | 00     | 00      | 35     | 07       | 35     | 07    | 70     | 77    |
| Oral Cancer &<br>Precancerous<br>lesion | 00     | 00     | 00      | 0      | 0        | 0      | 00    | 00     | 0     |
| Fluorosis                               | 00     | 00     | 00      | 00     | 8        | 11     | 08    | 11     | 19    |
| Any other                               | 00     | 00     | 00      | 0      | 0        | 0      | 0     | 0      |       |
| Please mention<br>condition             |        |        |         |        |          |        |       |        |       |



**Fig.6 Prevalence of Dental Diseases amongst school students**

3. No. Health Education & Health Promotional Sessions given and details: **45**

4. No. of Health promotional activities conducted: (Brushing Demo) **16**

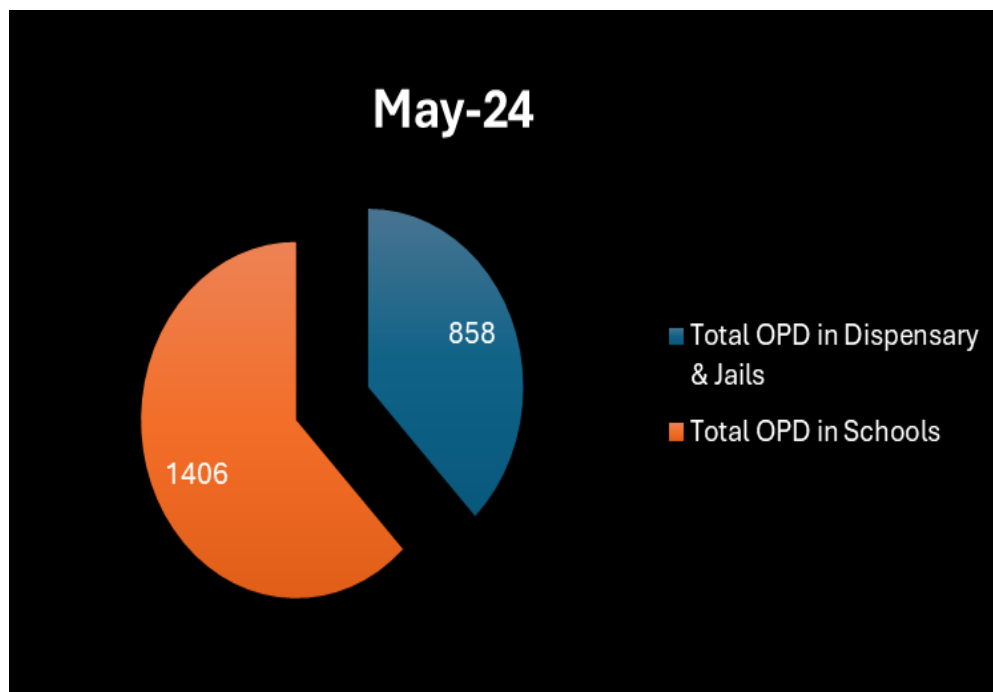


**Fig.7 Total No. of Health Education Sessions amongst students**



### 3. CUMULATIVE MONTHLY OPD DATA

| Month       | Total OPD in<br>Dispensary<br>& Jails | Total OPD in<br>Schools | Total OPD |
|-------------|---------------------------------------|-------------------------|-----------|
| May<br>2024 | 918                                   | 1406                    | 2324      |



**Fig. 9 OPD DETAILS IN May 2024**

## 4. HEALTH PROMOTIONAL & CAPACITY BUILDING ACTIVITIES

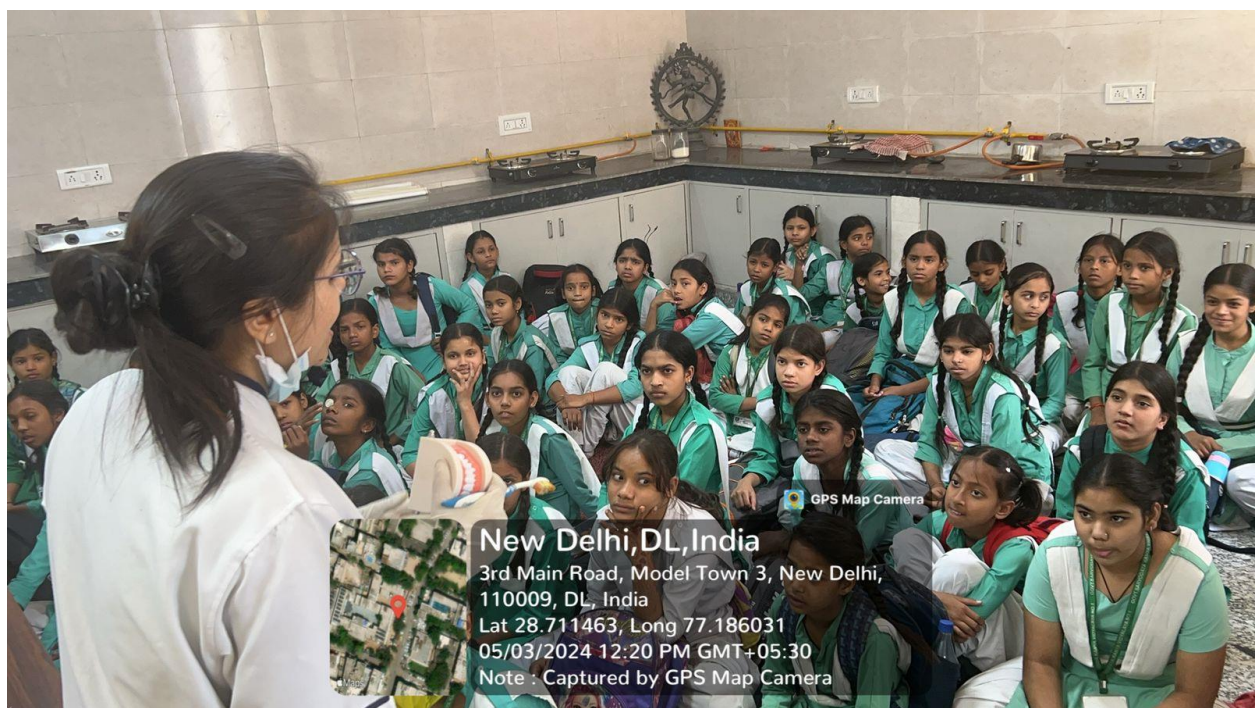
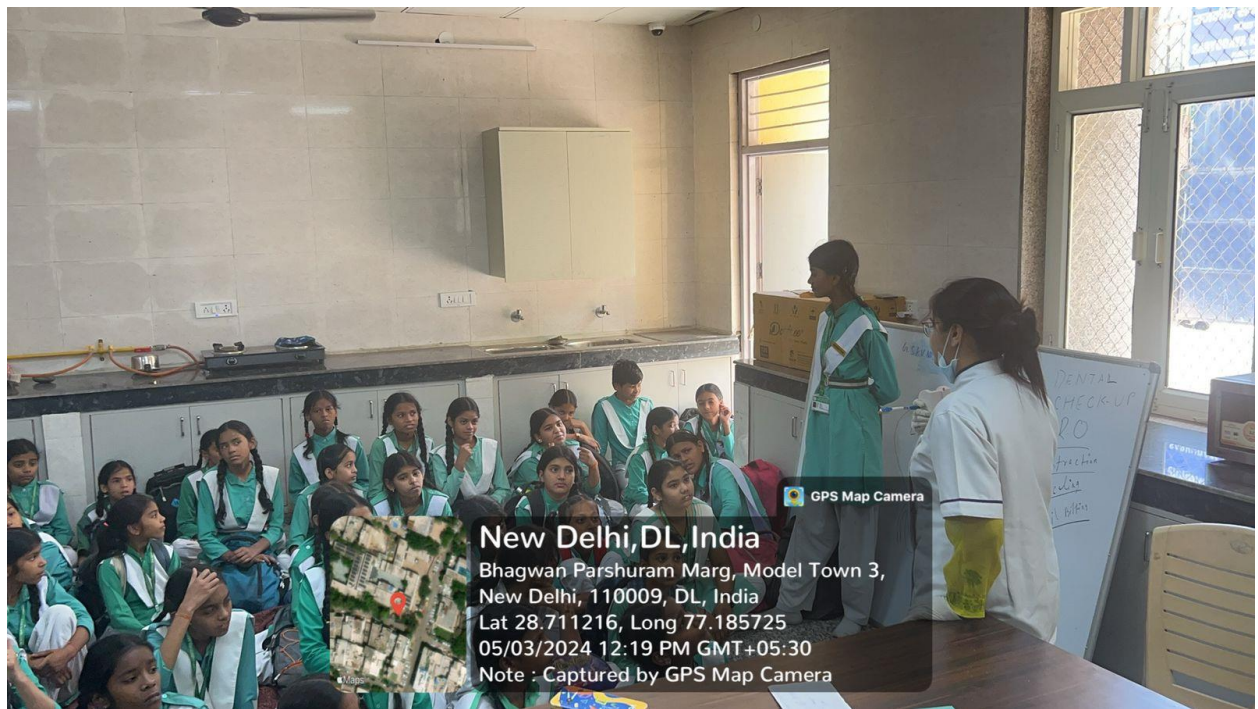
### 1. Health promotional activities in school:

Many oral health problems are preventable and their early onset reversible. A considerable number of children and their parents and teachers have limited knowledge of the cause and prevention of oral diseases. Healthy behaviour and lifestyles developed at a young age are more sustainable. Messages can be reinforced throughout the school years.

Hence, the team of Mobile Dental Clinic project organized “Group oral health educational sessions” for the number of school children screened on *Common Oral Diseases*

- a) *Tobacco Cessation*
- b) *How to maintain Oral Health*
- c) *Brushing Technique Demonstration*
- d) *Significance of deciduous teeth*









## 2. Conducting various activities on the occasion of World No Tobacco Day 2024



One of the primary objective of the Mobile Dental Clinic Project is oral Health promotion. Every year Mobile Dental Clinic Project observes World No Tobacco Day through various activities and campaigns, educational programs advocacy efforts, stakeholders to promote tobacco cessation, protect individuals from exposure to tobacco smoke, and prevent youth initiation of tobacco use.

This year, the Mobile Dental Clinic Project undertook a comprehensive range of activities to mark World No Tobacco Day 2024, focusing on raising awareness about the harmful effects of tobacco use and promoting oral health. The event was celebrated with the theme "Tobacco use and youth" aligning with global efforts to encourage tobacco cessation.

World No Tobacco Day is celebrated on May 31st every year to raise awareness about the health risks associated with tobacco use and advocate for effective policies to reduce tobacco consumption. This annual event serves as an opportunity to highlight the detrimental effects of tobacco on individuals' health, as well as on the broader public health and socioeconomic well-being of communities. The Theme for this year of World no Tobacco day was “Protecting Children from tobacco industry interference”. Detailed report of the various activities conducted are as under:



## 1. Activity 1 : Painting and Declamation Competition in various Government Schools:

Various Competitions were organized in Delhi Government schools. The Team led by Dr.Vikrant Mohanty, MOI/C and Dr. Swati Jain , Senior Consultant organized painting and



declamation competition. Dr. Neha Singh coordinated the event at RSKV Kalyan puri, Dr. Neha Gangil, conducted the events at SKV Vinod Nagar. Dr. Manoj and Dr. Nishtha organized Painting



Competition in GGSSS Jama Masjid School, Sarvodaya Vidyalaya and Model Town.

Around 220 students participated in the competitions. The theme for the Painting and Declamation Competition was “Tobacco Use and Youth”. Through vibrant hues and imaginative



strokes, children were invited to express their commitment to a tobacco-free future in a competition that transcends mere artistry. The competition served as a platform for young minds to convey powerful messages about the dangers of tobacco and the importance of embracing a healthy lifestyle. From bold brushstrokes depicting the harms of smoking to poignant scenes of individuals breaking free from addiction, each artwork became a compelling testament to the collective resolve against tobacco use. The declamation competition fostered a sense of empowerment among children, empowering them to become advocates for change in their communities. Through this creative expression, children not only showcased their artistic talents but also amplify the message of World No Tobacco Day, amplifying awareness and catalyzing action towards a healthier, smoke-free world. As their paintings adorn school walls and community spaces, they served as constant reminders of the transformative power of art in advancing public health initiatives.



In the end, the competitions stood as a testament to the boundless potential of youth to drive positive change, one brushstroke at a time. With each stroke of paint, they paint a brighter, tobacco-free future for generations to come. The program was highly appreciated by the teachers and Principals.

## 2. Activity 2: Asha Quiz Competition on World No Tobacco Day

The ASHA Quiz Competition for Asha Workers was organized on May 28<sup>th</sup> by the MDCP team. ASHA, which stands for "Accredited Social Health Activist," is a crucial component of India's National Health Mission. This competition aimed to raise awareness about the harmful effects of tobacco and encourage participants to quit smoking or using tobacco products.



The quiz competition was held at DGD, Batla House, South West District, Delhi. The event kicked off by the Speech from Dr Swati Jain, Senior Consultant, MDCP highlighting the significance of World No Tobacco Day and the importance of promoting tobacco-free lifestyles. The MDCP team comprised of Dr Shipra Arora Dr Anudeep Bajaj, Dental Surgeons, Mr Ramesh and Mr Sachin contributed in the event. Mr. Jagdish, Asha Coordinator of the South West Delhi District coordinated all the event. This competition aimed to empower ASHA

workers with knowledge about tobacco cessation and strengthen their capacity to support tobacco-free communities. The



competition format was designed to test participants' understanding of tobacco control strategies, their ability to communicate tobacco-related information effectively, and their commitment to promoting healthier lifestyles within their communities.

The quiz comprised multiple rounds, covering topics such as the health effects of tobacco use, strategies for tobacco cessation, advocacy for tobacco control policies, and the role of ASHA workers in tobacco prevention and cessation. Questions were designed to assess both theoretical knowledge and practical application, reflecting the diverse responsibilities of ASHA workers in addressing tobacco-related challenges at the grassroots level.

ASHA workers played a central role in the quiz competition, not only as participants but also as advocates and educators. Their firsthand experiences in interacting with community members affected by tobacco use enriched the discussions and provided valuable insights into the complexities of tobacco control efforts. ASHA workers actively engaged in sharing best practices, exchanging ideas, and networking with peers, fostering a sense of camaraderie and collaboration.



While the primary focus of the competition was on ASHA workers, community members were invited to attend the event to show their support and learn about tobacco control initiatives. Participants in the quiz competition were recognized for their dedication to tobacco control efforts and commitment to improving community health. Prizes were awarded to top as a token of appreciation for their contributions to the cause. Additionally, all participants received certificates of participation, acknowledging their role in advancing tobacco cessation efforts and promoting healthier communities.





**1. Activity 3.: Date: 1<sup>st</sup> June 2024**

The slogan Competition was held at Senior Citizens Residents Welfare Association, Vasundhra Enclave to raise awareness about the harmful effects of tobacco use among senior citizens and promote a tobacco-free lifestyle.

**The total Number of Participants were 32 senior citizens residing in the community. The event commenced with an opening speech of Dr. Swati Jain, Senior Consultant, MDCP highlighting the significance of**

**World No Tobacco Day and the importance of promoting healthy habits among senior citizens.**

Participants were briefed on the competition guidelines and the criteria for selecting effective slogans. Each participant was given time to craft their slogans, focusing on messages that encourage tobacco cessation and promote a smoke-free environment. After the submission period, participants had the



opportunity to present their slogans to the audience, explaining the inspiration behind their messages. A panel of judges evaluated the slogans based on creativity, impact, and relevance to the theme. Certificates of recognition were awarded to the top three contestants, along with small tokens of appreciation for their dedication to the cause. The competition sparked meaningful discussions among senior citizens about the health risks associated with tobacco use, prompting reflections on personal habits and lifestyle choices. Participants expressed a renewed commitment to leading tobacco-free lives and serving as advocates for tobacco control within their social circles. Mr. I D Sharma, General Secretary of the Forum appreciated the work done by the Team of MDCP.



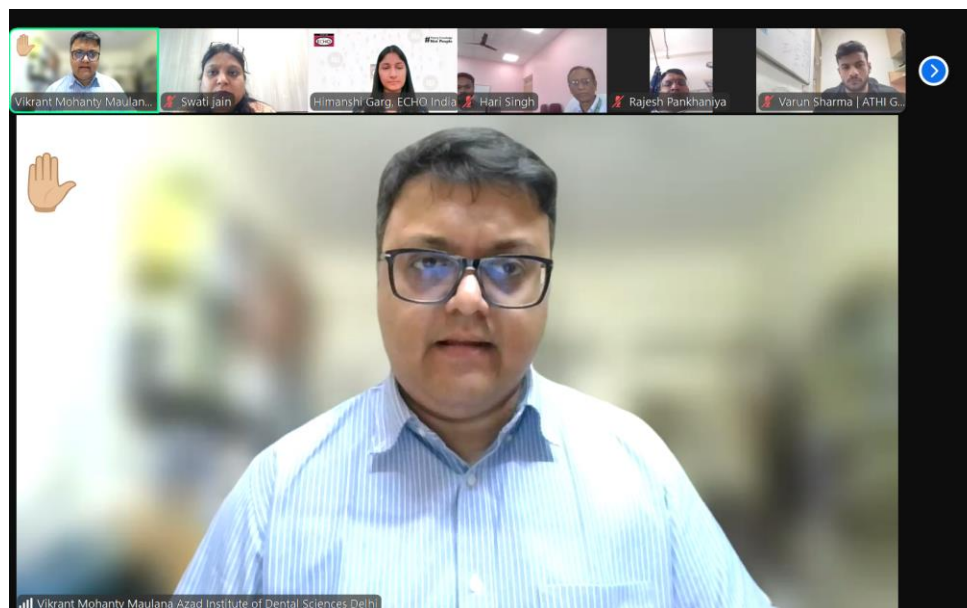






### 3. Participating in ECHO India Virtual Healthcare Partner Launch Training

Project ECHO is a lifelong learning and guided practice model that revolutionizes medical education and exponentially increase workforce capacity to provide best practice specialty care and reduce health disparities through its



hub-and-spoke knowledge sharing networks. ECHO trains primary healthcare workers to provide specialty care services. ECHO organized **India Virtual Healthcare Partner Launch Training**

on 16<sup>th</sup> May 2024. Dr. Vikrant Mohanty, MOI/C Mobile Dental Clinic Project and Dr. Swati Jain, Senior Consultant Mobile Dental Clinic Project participated in the workshop. The 02 days comprehensive workshop gave an insight to conduct long distance training program through hub and spoke model

