





MONTHLY REPORT

MAULANA AZAD INSTITUTE OF DENTAL SCIENCES

MOBILE DENTAL CLINIC PROJECT

July 2024

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MOBILE DENTAL CLINIC PROJECT

Health determines the living efficiency of an individual. Oral health is a vital component of overall health of an individual and essential to general health and quality of life across the life span. But it's often neglected and low on priority. The expected rise in burden of oral diseases poses a massive challenge to the health system in light of increasing unfair and unjust social inequalities in oral health, which have already raised global



concerns. Providing comprehensive oral health care to the underserved could prove pivotal in changing the current scenario of huge oral disease burden and large component of dental unmet needs."

Keeping in view of the above facts; Maulana Azad Institute of Health Sciences under GNCT, Delhi initiated Mobile Dental Clinic Project under the umbrella of NHM/DSHM to provide Primary, Preventive, Promotive and Curative oral/ dental health care to underserved areas of NCT, Delhi on 30th July2014. It is the "First of its Kind" project in India for Outreach Dental services. The Program provides Dental Screening and treatment services, Dental Health Education and Capacity Building activities along with continuous research and quality assessment. 06 Mobile Dental Clinics cater to underserved population of GNCT of Delhi. The Project aims to achieve the goals of the "Oral Health for All" through improved access to Primary Oral Health Services. Further, the Project attempts to integrate the existing Health Care delivery services with the dental/oral services under one roof. The Project has gradually evolved into various sub-components/ sub-initiatives targeting different special groups. The various sub-initiatives are:

- 1. Project NEEV: School Oral Health Care Program
- 2. Project ASHA HUMARI MUSKAAN: Linking Maternal and oral health
- 3. Project AMMA: Comprehensive Oral health care for elderly
- 4. Project COPS: Community Oral precancerous lesions screening and Tobacco Cessation Counselling
- 5. Special Care Dentistry

PROJECT'S OUTREACH

The Project has provided services in 09 (North, West, North-east, East, Shahdara, North-west, Central, South, and South-west) districts of GNCTD



PRIMARY AND SECONDARY LEVEL OF DENTAL CARE

The Six Mobile Dental Vans/Clinics are catering to various areas/districts of Delhi in a scheduled fashion for 05 days in a week (Monday to Friday). For optimum utilization of the Project and patient care; the vans are stationed at /near the Delhi Govt. Dispensaries to ensure proper visibility and pharmacy support from the Dispensaries. All Primary, Preventive and Secondary level of dental care are provided free of cost in Mobile Dental Clinics.

The range of treatment services provided includes:

- 1. Dental Screening
- 2. Dental restorations/tooth fillings
- 3. Oral Prophylaxis/teeth cleaning
- 4. Tooth Extractions
- 5. Tobacco cessation counselling
- 6. Oral Precancerous /Potentially malignant lesion screening
- 7. Preventive Treatment services like pit and fissure sealant applications, fluoride varnishes etc.
- 8. Medication (in liaison with dispensaries) & Referral for tertiary care.

Further, all screening and treatment services are provided following COVID-19 infection control protocol.

Currently, services of Mobile Dental Clinics are being provided to following Delhi Government Dispensaries on rotational basis:

Cluster	District	Dispensary Location	Distance from MAIDS
Cluster I	North East	SKV West Vinod Nagar	9.1 Km
Cluster II	East Delhi	DGD vasundhara enclave	12.3 km
Cluster III	East Delhi	Mayur Vihar Dispensary	17.8 km
Cluster IV	North West	SKV Model Town	13.8 Km
Cluster V	South West	SKV Janakpuri C1	20.1 km
		Tihar Jail	19.3 Km
Cluster VI	JAIL	Rohini Jail	20.7 Km
		Mandoli Jail	18.2 Km

The teams from Mobile Dental Clinic Project visit the locations for five days a week in each of the identified dispensaries on rotational basis from 9:30 A.M. to 2 P.M.

- > Further, the Vans regularly visit Delhi Govt. Schools as per the schedule for Project NEEV.
- > One team visit JAILS i.e Tihar Jail, Mandoli Jail and Rohini Jail on a daily basis from Monday to Friday

Maulana Azad Institute of Dental Sciences MAMC Complex, B.S. Zafar Marg, New Delhi – 110002 MOBILE DENTAL CLINIC PROJECT (NHM) FIELD SCHEDULE w.e.f. 01/07/2024 to 31/07/2024

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ctors & Staff Alloted Location	Dr.Manoj		SKV Vinod Nagar	DGD Vasundhra Enclave	SKV Model Town
Location	Mr. Arun Dhama	Dr. Neha Singh	Dr. Neha Gangil,	Dr. Deepak	Dr. Nishtha
Location	MI Arun Dhama	Mr. Vikash Kumar	Mr. Govind Mr. Vikash Bharti	Mr. Ramesh Mr. Rakesh	Mr. Rahul Mr Kailash
	Mr. Deepak	Mr Shahrukh SKV Kalyanpuri	SKV Vinod Nagar	DGD Mayur Vihar	SKV Model
	Mandoli Jail	Dr. Neha Singh	Dr. Neha Gangil,	Dr. Manoj	Dr. Nishtha
ctors & Staff Alloted	Dr. Deepak Mr.Arun Dhama	Mr. Vikash Kumar	Mr. Govind Mr. Vikash Bharti	Mr. Ramesh Mr Rakesh	Mr Rahul Mr Kailash
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Alloted	Mr. Arun Dhama	Mr. Vikash Kumar Mr. Shahrukh	Mr. Govind Mr. Vikash Bharti	Mr. Ramesh Mr. Rakesh	Mr. Rahul Mr Kailash
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Alloted	Mr. Arun Dhama Mr. Deepak	Mr. Shahrukh	Mr Vikash Bharti	Mr Rakesh	Mr Kailash SKV Model
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Octors & Staff	Dr.Manoj	Dr. Neha Singh	Dr. Neha Gangil,	Dr. Deepak	Dr. Nishtha Mr. Rahul
Alloted	Mr. Arun Dhama	Mr. Vikash Kumar Mr. Shahrukh	Mr. Govind Mr. Vikash Bharti	Mr Rakesh	Mr Kailash
Location	Mandoli Jail	SKV Kalyanpun	SKV Vinod Nagar	DGD Vasundhra Enclave	SKV Model Town
Doctors & Staff Alloted	Dr.Manoj Mr. Arun Dhama Mr. Deepak	Dr. Neha Singh Mr. Vikash Kumar Mr. Shahrukh	Dr. Neha Gangil, Mr. Govind Mr. Vikash Bharti	Dr. Deepak Mr. Ramesh Mr. Rakesh	Dr. Nishtha Mr. Rahul Mr Kailash SKV Mode
Location	Rohini Jail	SKV Kalyanpun	SKV Vinod Nagar	DGD Vasundhra Enclave	SKV Mode Town
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Alloted	Mr. Arun Dhama Mr. Deepak	Mr. Vikash Kumar Mr. Shahrukh	Mr. Govind Mr. Vikash Bharti	Mr. Ramesh Mr Rakesh	Mr. Kailash SKV Mode
Location	Tihar Jail	SKV Kalyanpuri	SKV Vinod Nagar	DGD Mayur Vihar	Town
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(C	Doctors	Team I	Team2	Team 3	Team4	Team 5
2/07/2024	Doctors & Staff Alloted	Dr Deepak Mr Arun Dhama Mr Deepak	Dr. Neha Singh Mr. Vikash Kumar Mr. Shahrukh	Dr. Neha Gangil, Mr. Govind Mr. Vikash Bharti	Dr Manoj Mr Rakesh Mr Rakesh	Dr. Nishtha Mr. Rahul Mr Kailash
,	Location	Tihar Jail	SKV Kalyanpuri	SKV Vinod Nagar	DGD Vasundhra Enclave	SKV Model
23/07/2024	Doctors & Staff Alloted	Dr. Manoj Mr. Arun Dhama Mr. Deepak	Dr. Neha Singh Mr. Vikash Kumar Mr. Shahrukh	Dr. Neha Gangil, Mr. Govind Mr. Vikash Bharti	Dr. Deepak Mr. Ramesh Mr. Rakesh	Dr. Nishtha Mr. Rahul Mr. Kailash
	Location	Mandoli Jail	SKV Kalyanpuri	SKV Vinod Nagar	DGD Mayur Vihar	SKV Model Town
24/07/2024	Doctors & Staff Alloted	Dr. Deepak Mr. Arun Dhama Mr. Deepak	Dr. Neha Singh Mr. Vikash Kumar Mr. Shahrukh	Dr. Neha Gangil, Mr. Govind Mr. Vikash Bharti	Dr Manoj Mr Rakesh Mr Rakesh	Dr. Nishtha Mr. Rahul Mr. Kailash
	Location	TiharJail	5KV Kalyanpuri	SKV Vmod Nagar	DGD Vasundhra Enclave	SKV Model Town
25/07/24	Doctors & Staff Alloted	Dr Manoj Mr Arun Dhama Mr Deepak	Dr. Neha Singh Mr. Vikash Kumar Mr. Shahrukh	Dr. Neha Gangil, Mr. Govind Mr. Vikash Bharti	Dr. Deepak Mr. Ramesh Mr. Rakesh	Dr. Nishtha Mr. Rahul Mr. Kailash
	Location	Rohini Jail	SKV Kalyanpuri	SKV Vinod Nagar	DGD Mayur Vihar	SKV Model
26/07/24	Doctors & Staff Alloted	Dr. Deepak Mr. Arun Dhama Mr. Deepak	Dr. Neha Singh Mr. Vikash Kumar Mr. Shahrukh	Dr. Neha Gangil, Mr. Govind Mr. Vikash Bharti	Dr Manoj Mr. Ramesh Mr. Rakesh	Dr. Nishtha Mr. Rahul Mr. Kailash
	Location	Tihar Jail	SKV Kalyanpuri	SKV Vinod Nagar	DGD Vasundhra Enclave	SKV Mode Town
29/07/24	Doctors & Staff Alloted	Dr.Deepak Mr.Arun Dhama Mr. Deepak	Dr. Neha Singh Mr. Vikash Kumar Mr. Shahrukh	Dr. Neha Gangil, Mr. Govind Mr. Vikash Bharti	Dr Manoj Mr Rarnesh Mr Rakesh	Dr. Nishtha Mr. Rahul Mr. Kailash
	Location	Tihar Jail	SKV Kalyanpun	SKV Vinod Nagar	DGD Mayur Vihar	SKV Mode Town
30/07/2024	Doctors & Staff Alloted	Dr.Manoj Mr.Arun Dhama Mr. Deepak	Dr. Neha Singh Mr. Vikash Kumar Mr. Shahrukh	Dr. Neha Gangil, Mr. Govind Mr. Vikash Bharti	Dr. Deepak Mr. Ramesh Mr. Rakesh	Dr. Nishtha Mr. Rahul Mr. Kailash
	Location	Mandoli Jail	SKV Kalyanpuri	SKV Vinod Nagar	DGD Vasundhra Enclave	SKV Mod Town
31/07/2024	Doctors & Staff Alloted	Dr Deepak Mr. Arun Dhama Mr. Deepak	Dr. Neha Singh Mr. Vikash Kumar Mr. Shahrukh	Dr. Neha Gangil, Mr. Govind Mr. Vikash Bharti	Dr.Manoj Mr. Ramesh Mr. Rakesh	Dr. Nishtha Mr. Rahul Mr Kailash
	Location	Tihar Jail	SKV Kalyanpuri	SKV Vinod Nagar	DGD Mayur Vihar	SKV Mod Town

Note:

1. All doctors need to communicate to the respective In charges of the locations where they are posted regarding the schedule.

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PROJECT OUTCOMES: July 2024

1. Primary and Secondary level of Dental Services in Dispensary & Jails

I. Total OPD

Month	OPD DETAILS	No. of Patients
July2024	New OPD	1255
	Old OPD	364
	Total OPD	1619

II. OPD Distribution

Month	HEADING	Information	Data
July		Total New OPD Dispensary	1255
2024		New Male Patients	950
	OPD DETAILS IN	New Female Patients	305
	DISPENSARY & JAILS	Total Old OPD Dispensary	364
		Old Male Patients	265
		Old Female Patients	99
		Total OPD Dispensary	1619

III. Treatment services provided:

S.No.	Treatment	Number of Patients
1	Oral Prophylaxis	118
2	Restoration	136
3	Extraction	108
4	Oral Health instruction	5
5	Tobacco Cessation	25

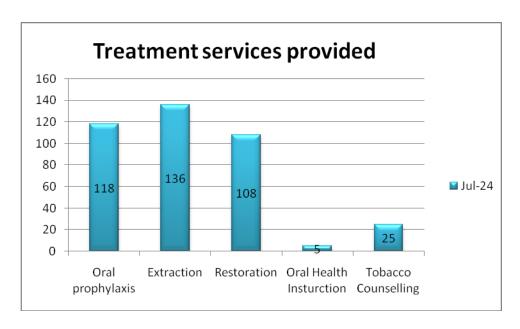


Fig.2 Total No. of patients treated July-2024

1V. Details of Referral services provided:

1.	Total No. of	Oral Prophylaxis/ Teeth Cleaning	45
	patients for follow	Root Canal	65
	up for	Extraction	78
		Tertiary care, Complete Dentures, etc.	79

V. Oral Disease Prevalence: July 2024

A. Total No. of patients having Dental Diseases

D .	0-5yrs		6-15y	rs	16-50	yrs	51-70	yrs	Total	
Disease	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
Dental Caries	00	00	85	41	239	124	129	56	453	221
Gingivitis	00	04	72	22	285	106	125	25	482	153
Periodontitis	00	00	02	00	189	125	122	38	313	163
Malocclusion	00	00	04	00	72	26	32	21	108	47
Oral Cancer & Pre- Cancer Lesion	00	00	00	00	00	00	00	00	00	00
Fluorosis	00	00	00	00	00	00	00	00	00	00
Any other Dental condition (Please mention condition)	00	00	00	00	00	00	00	00	00	00

2. PROJECT NEEV: SCHOOL ORAL HEALTH PROGRAM



Oral diseases are the most common disease that affects people throughout their life time. The Global Burden of Disease Study 2017 estimated that oral disease affects at least 3.58 billion people worldwide. Oral health is fundamental to general health and well-being. A healthy mouth enables an individual to speak, eat and socialize without experiencing active disease, discomfort or embarrassment. Children who suffer from poor oral health are twelve times more likely to have restricted activity days than those who don't. Schools are microcosms of the larger community. With existing structures and systems in place, schools provide excellent opportunities for integrating oral health into the curriculum that is acceptable, appropriate and effective. Children are receptive to guidance and they are familiar with the learning environment and culture in school. Schools can effectively inform and influence students' oral health knowledge, beliefs, attitudes and behaviour. It is important to target children, particularly at kindergartens and primary schools. Pupils need to acquire knowledge and skills that facilitate a healthy lifestyle and help them cope with social and peer pressure. Children are empowered to take control over their own health early in their lives and are encouraged to develop positive attitudes toward preventive measures

Hence providing incremental oral health care in schools could prove pivotal in changing the current scenario of huge oral disease burden and large component of dental unmet needs.

Keeping in view of the above facts; the Mobile Dental Clinic Project initiated Project "Neev" in collaboration with School Health Scheme, since September 2014. The Program included Dental Health Education and Dental Screening with preventive Dental procedures. One day per week i.e. Wednesday was dedicated to School Oral health program. It is a comprehensive oral health program for Govt. school children in rural areas encouraging the concept of health Promoting Schools. Since Feb. 2016, treatment component was also added to provide dental treatment within school premises. It is a comprehensive oral health program for Govt. school children in rural areas encouraging the concept of health Promoting Schools.

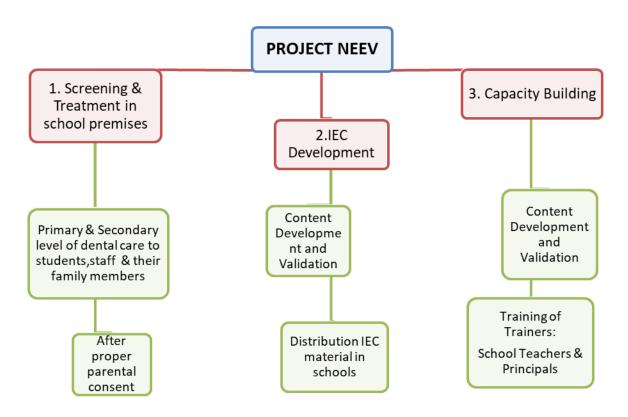


Fig. 6: Program Implementation Plan









PROJECT NEEV OUTCOMES:

1. SCHOOL DATA: <u>JULY2024</u>

School Name	Total no. of visits	Total OPD	
SKV C1 Janakpuri	07	482	
SKV West Vinod Nagar	12	511	
SKV Model Town	18	701	
Total School OPD	37	1694	

2. ORAL DISEASE PREVALENCE:

July2024
A. Total No. of patients having Dental Diseases

	0-5yr	S	6-12y	rs	13-18	yrs	Total		Total
Disease	Male	Female	Male	Female	Male	Female	Male	Female	
Dental Caries	00	00	75	135	25	289	90	424	514
Gingivitis	00	00	00	275	17	245	17	520	537
Periodontitis	00	00	00	125	35	225	35	350	385
Malocclusion	00	00	00	85	07	55	07	140	147
Oral Cancer &	00	00	00	0	0	0	00	00	0
Precancerous									
lesion									
Fluorosis	00	00	00	00	8	11	08	11	19
Any other	00	00	00	0	0	0	0	0	
Please mention									
condition									

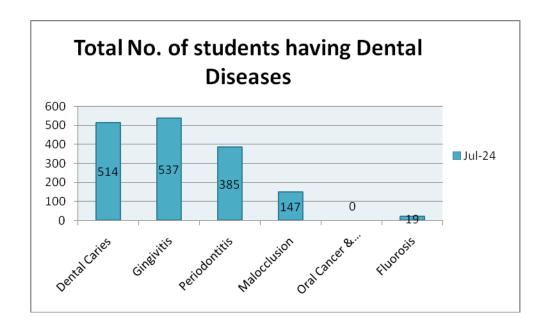


Fig.6 Prevalence of Dental Diseases amongst school students

- 3. No. Health Education & Health Promotional Sessions given and details: 45
- 4. No. of Health promotional activities conducted: (Brushing Demo) 16

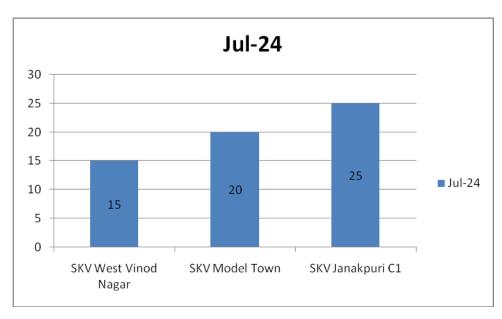


Fig.7 Total No. of Health Education Sessions amongst students

3. CUMULATIVE MONTHLY OPD DATA

Month	Total OPD	in	Total OPD in	Total OPD
	Dispensary	&	Schools	
	Jails			
July	1619		1694	3313
2024				

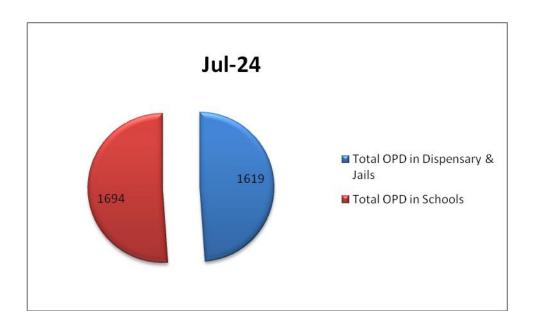


Fig. 9 OPD DETAILS IN July 2024

4. HEALTH PROMOTIONAL & CAPACITY BUILDING ACTIVITIES

1. Health promotional activities in school:

Many oral health problems are preventable and their early onset reversible. A considerable number of children and their parents and teachers have limited knowledge of the cause and prevention of oral diseases. Healthy behaviour and lifestyles developed at a young age are more sustainable. Messages can be reinforced throughout the school years.

Hence, the team of Mobile Dental Clinic project organized "Group oral health educational sessions" for the number of school children screened every Wednesday on following screening. *Importance of Oral Health*

- a) Common Oral Diseases
- b) Tobacco Cessation
- c) How to maintain Oral Health
- d) Brushing Technique Demonstration
- e) Significance of deciduous teeth









Prize Distribution on World No Tobacco Activity at Model Town School

On World No Tobacco Day, our school successfully organized a prize distribution ceremony on 19th July at SKV Model Town following a painting and Declamation competition that aimed to raise awareness about the dangers of tobacco use. The event was a wonderful platform for students to express their creativity while promoting a tobacco-free lifestyle.

Highlights of the Event

1. Introduction and Opening Speech

The event began with a warm welcome from the school Principal, who emphasized the significance of World No Tobacco Day and the power of art in communicating important social messages. The principal highlighted the need for continued awareness about the harmful effects of tobacco, especially among young people. The Principal also welcomed and thanked Dr. Swati Jain, Senior Consultant, Mobile Dental Clinic Project for taking the initiative on World No Tobacco Day. Also Vice Principal thanked Dr. Nishtha Sri Saini and team for organizing this event.

2. Display of Artworks

- All the participating students' paintings were beautifully displayed in the school auditorium. The exhibition showcased the incredible talent and creativity of our students, with each painting reflecting a unique perspective on the theme of "Say No to Tobacco." The
- Teachers and students took the time to walk through the exhibition, discussing the artwork and the messages they conveyed.

3. Prize Distribution Ceremony

- The ceremony commenced with the announcement of the winners. The
 competition was judged by a panel of teachers and local artists who were deeply
 impressed by the quality and depth of the students' work.
- Prizes were awarded to students for their powerful depiction of the consequences of tobacco use, creatively illustrated through a vibrant and thought-provoking painting.

 All participants received certificates of appreciation for their efforts, recognizing their contribution to the cause.

4. Special Acknowledgements

- The judges provided valuable feedback on the artworks and praised the students for their dedication to the cause. They shared their thoughts on the importance of using art to raise awareness about societal issues.
- The winners were given the opportunity to speak briefly about their inspiration and the message behind their paintings, which added a personal touch to the event.

5. Pledge and Conclusion

The principal delivered closing remarks, thanking everyone involved in making the event a success and encouraging students to continue using their talents for positive social impact.







World No Population day event at 16th July 2024 at Government Hospital, Burari:

In observance of World Population Day on July 11th, a health check camp was organized by the Central District, Delhi Government Hospital, Burari. The event aimed to raise awareness about the impact of population growth on health and to provide essential healthcare services to the local community.

Event Highlights:

- Comprehensive Health Services: The camp offered free health screenings, including blood pressure checks, blood sugar tests, BMI assessments, and general health consultations.
- **Reproductive Health Focus:** Special emphasis was placed on reproductive health, with experts providing counseling on family planning, maternal health, and sexual health.
- Maternal and Child Care: Services included immunizations, antenatal care, and nutritional advice for mothers and children, ensuring that the health of future generations is prioritized.
- **Health Education:** Attendees participated in educational sessions that covered topics such as the importance of population control, responsible parenthood, and the long-term effects of population growth on health systems.

Mobile Dental Clinic Project Team led by Dr. Swati Jain Senior consultant along with Dr. Shipra Arora and Dr. Annudeep Bajaj and Sachin CSA contributed to a great extent to address the dental needs, create awareness drives among the huge number of patients visiting the event. A total of 100+ patients were screened and 3 sessions of health education were done by the team. The efforts were appreciated by Dr. Shalini MD, CDMO, Central District.

The health check camp at [Name of Government Hospital] on World Population Day successfully addressed critical health issues related to population growth, providing valuable services to the community. The event underscored the importance of continued efforts in healthcare education and service provision to manage population-related challenges effectively.







Online Training Held to Implement Telemedicine in Delhi Hospitals

An online training session was conducted on 24th July 2024 for doctors in Delhi as part of an initiative to launch telemedicine services across government hospitals. This program is designed to prepare healthcare professionals for the integration of telemedicine, ensuring that they can effectively provide remote consultations and healthcare services to patients.

The training aimed to familiarize doctors with telemedicine platforms and protocols, enabling them to deliver medical services remotely with the same level of care as in-person consultations.

The Training was attended by Dr. Anudeep Bajaj, Junior Consultant, Mobile Dental Clinic Project attended the meeting to start the services at Maulana Azad Institute of Dental Sciences, New Delhi. Doctors were instructed on the technical aspects of telemedicine platforms, including patient data management, secure communication, and the overall user interface. The session covered the necessary legal frameworks, including patient privacy, data security, and the ethical considerations involved in remote healthcare.

