

BACKGROUND

College is a crucial period in everyone's life because it not only shapes one's destiny but also marks the realisation of life's reality for the majority of students. However, until the end of their freshman year, it has been noted that students do not appreciate campus life. The reason for this is ragging. Indulging in boisterous or unruly activities that cause or are likely to cause annoyance, hardship, or psychological harm, or to raise fear or apprehension thereof in a freshmen or junior student, and which have the effect of causing or generating a sense of shame or embarrassment so as to adversely affect a freshmen or junior student's psyche, is known as ragging. This can occur through words spoken or written. The Supreme Court of India provided the aforementioned interpretation, emphasizing the gravity of the situation. When ragging begins as a joke among certain students, it can quickly spread to other student groups, families, and the institution as a whole. Death could be the result of the repercussions.

By offering its students a top-notch education, the Maulana Azad Institute of Dental Sciences in New Delhi has established itself as a centre for excellence in dentistry in India. The school aims to produce dentists who are qualified, disciplined, self-assured, and devoted to their studies. In order to deal with the threat of ragging on campus, the institute has taken action.

Objectives of the Anti-Ragging Training Orientation Programme:

1. To educate students about the dehumanizing effects of ragging and its inherent cruelty.
2. To maintain vigilant monitoring to prevent any instances of ragging and to address any occurrences swiftly.
3. To address any reported incidents of ragging with prompt and rigorous action.

ACTIONS TAKEN BY THE INSTITUTION FOR RAGGING FREE CAMPUS:

Since its establishment, the Institute has taken action in accordance with the directives of the DCI, UGC, and Delhi University. The criteria are followed, and adjustments are made on a regular basis as needed.

The following measures were carried out for ensuring a ragging free campus-

1. **Lecture on "Antiragging"**: A sensitization lecture on *Anti-ragging* was conducted at Maulana Azad Institute of Dental Sciences on 09th February 2026 with esteemed guest Dr. Rahul Hegde, Member of the Dental Council of India, Director and Professor, Index Institute of Dental Sciences, Indore. The event aimed to raise awareness among students and faculty about the perils of ragging and to strengthen the institute's commitment to a ragging-free academic environment.

The program commenced with a welcome address by Director-Principal Dr. Arundeeep Kaur Lamba who along with Dr. Gyanendra Kumar, extended a warm welcome to Dr. Rahul Hegde by presenting him with a memento and planter as a token of appreciation. Dr. Shruti Tandon, MOI/C, Anti-ragging Committee, introduced the speaker to the gathering. The session concluded with a vote of thanks by Dr. Aswini Y B, Chairperson, Anti-ragging Committee.



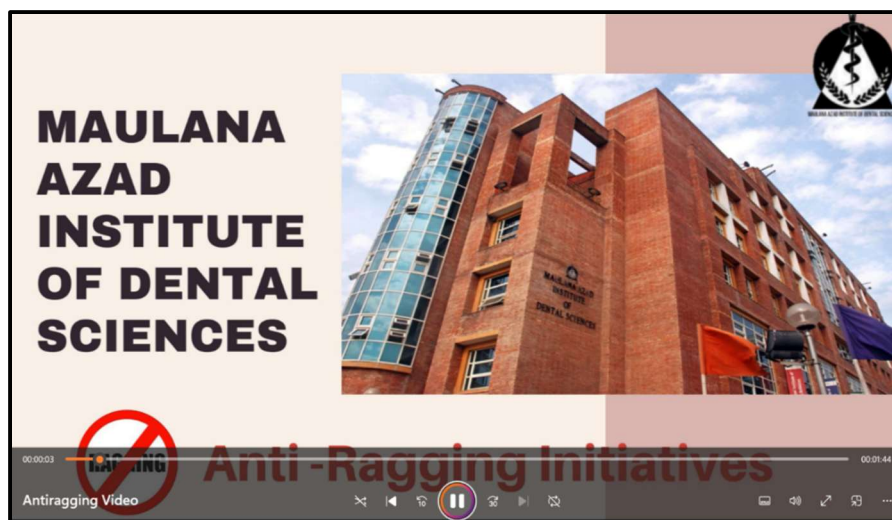


During the lecture, Dr. Rahul Hegde delivered an insightful and thought-provoking address on the seriousness, legal implications, and human impact of ragging. He elaborated on the expanded definition of ragging as per the Supreme Court of India, highlighting various forms such as psychological harassment,

verbal abuse, physical intimidation, and cyber-ragging, using realistic examples to keep the audience engaged.



2. **Documentary Film** – This film showcases the innovative strategies and student-led initiatives taken by Maulana Azad Institute of Dental Sciences that have created a safe and inclusive environment for all. it reveals the challenges faced and the progress made in fostering a culture of respect and support. The documentary also highlights the positive impact of these changes on academic performance and personal well-being. By celebrating the college's achievements and ongoing commitment, promote a ragging free campus.



3. The students were given **antiragging booklet**, which included a list of the antiragging committee, monitoring committee, antiragging squad, and student committee along with their phone numbers, helplines, police helplines, and hostel wardens' phone numbers. The book is an encyclopedia of anti-bullying guidelines and cautions for students.



4. **IEC anti-ragging materials** at the Institute: A banner of 6 by 4 foot with all the helpline numbers has been displayed outside the campus. A total of 11 posters have also been placed

at the different locations like, wherever students may walk, including the principal office, administrative spaces, lecture rooms, elevator areas, clinic areas, and staircases.

**MAULANA AZAD INSTITUTE OF DENTAL SCIENCES**
MAMC Campus, BSZ Marg, New Delhi-110002
(Gov. of NCT of Delhi)

ZERO TOLERANCE TO RAGGING

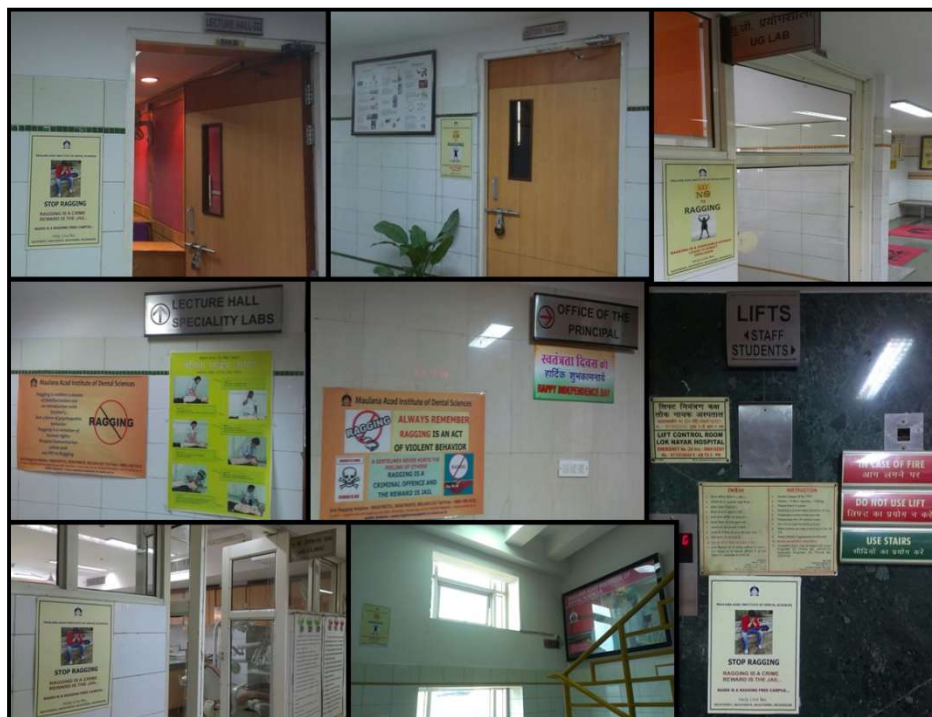
**RAGGING
FREE CAMPUS****JOIN US IN
CREATING A SAFE
CAMPUS
ENVIRONMENT**

**NO
RAGGING**

IN NEED CONTACT US

UGC Helpline : 011-23238542
DCI Helpline : 1800-180-5522
Director Principal : 011-23233925
Chairperson, Anti-ragging : 9660782003
MOI/C, Anti-ragging : 9654700982
Student counsellors : 9654700985/9654700989

registrarmaids@yahoo.com,
antraggingsmaids@gmail.com



5. The ***MAIDS anti-ragging committee***: Five people make up the antiragging committee, for which the Chairperson is Dr. Aswini Y. Balappanavar and MoI/C is Dr. Shruti Tandon which is ably guided by the appellate body consisting of Dr. Arundeeep Kaur Lamba, Director-Principal, MAIDS; Dr. Poonam Narang, Dean, MAMC; and Dr. Suresh Kumar, Medical Director, LNH.
6. ***Institutional monitoring committee***: Each floor has a faculty member in charge for monitoring the ragging on students. The committee consist of 06 members.
7. ***Antiragging Squad***: This group of six members conducts unexpected patrols in areas where students congregate, such as the cafeteria, canteen, and hostel.
8. ***Student Anti-Ragging Committee***: Is made up of 07 male and female students who represent their second, third, and fourth year BDS students as well as interns and postgraduate students.
9. ***Student Welfare Committee & Student Counsellor***: Regular interactions with students are held for their growth and assistance.
10. ***CCTV cameras***: All key locations within the institute where the menace could be begun have CCTV cameras installed. There are 5-6 cameras on each floor, including the lecture halls.

11. A member of the antiragging committee ***escorts*** the newly admitted students to their classes and hostel within the institution. The first-year classes are arranged to conclude thirty minutes ahead of the other year students, and a faculty member will guide them out of the campus.
12. The Antiragging committees meet on a ***regular basis*** to discuss what needs to be done and to assess the circumstances. Plans are created for the student counselling sessions, and the feedback that the students have provided is reviewed.
13. The online ***compliance report*** has been submitted in the online portal, together with all required DCI, UGC, and Delhi University reports.
14. Upon admission in the Institute, parents and students submit ***an undertaking***.
15. ***An anti-ragging section*** on the institute website has been added.
16. ***Safety and Security Measures*** – All the measures related for the safety and security of students, faculty, staff and patients are being followed and a Yearly safety and security report is prepared.

CHIEF PATRON

DR. ARUNDEEP KAUR

DIRECTOR-PRINCIPAL

CONTRIBUTORS

- **DR. SHRUTI TANDON, MOI/C, ANTIRAGGING, MAIDS**
- **DR. ASWINI Y.B., CHAIRPERSON, ANTIRAGGING, MAIDS**
- **ANTI RAGGING COMMITTEE MEMBERS, MAIDS**
- **DR. SWATHY KRISHNA, SENIOR RESIDENT, DEPT. OF PERIODONTICS, MAIDS**
- **DEPARTMENT OF PERIODONTICS & PUBLIC HEALTH DENTISTRY, MAIDS**

THANK

YOU

Dr. Aswini Y Balappanavar

Chairperson

Antiragging

MAIDS

Dr. ShrutiTandon

MOI/C

Antiragging,

MAIDS

Dr. Arundeeep Kaur Lamba

Director- Principal